

Kingsgrove North High School

The Way North



Our Community Newsletter No. 4, 2019

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Principal's Report

As always, this term has been another busy one with several whole school events and activities take place. Students in Years 8 and 10 attended their subject selection evening information on Tuesday 11 June and this was followed up with a taster day for all Year 10 students on the Friday of the same week. Students are now selecting their subjects for 2020 and in term 3, we will start to construct a new timetable for 2020.

We also hosted the Biggest Morning Tea, which is a yearly fund raising event held for the Cancer Council. It was the most successful Biggest Morning Tea that we have held to date and raised over \$1500 for Cancer Research. I would like to thank all staff and students that supported the event and contributed in some way but especially acknowledge Malak Saad, Dioni Karpathakis and Athena Varvaressos for coordinating the event.

Over the past few weeks, we have had new printed blinds installed in some rooms. The blinds have colourful photos and educational information that is related to the room that they are in.



We are also having a number of murals produced for faculties that make each area of the school a focal point for that particular faculty. In the coming, few weeks more blinds will be installed and then our 360-degree virtual reality project can take place.

Work has also commenced on the oval with Padstow TAFE building 2 new three level concrete seating along the St Albans road side. The plan is to also install mini grandstand seating on the opposite side of the oval with the old cricket nets about to be removed. This will open up the oval and provide more space for students.

Students in year 12 are now into their final term with their HSC trials about to commence in week 3 of next term. Along with the Deputy Mr McKeown I have been meeting and talking to students on a regular basis reminding them about their work obligations and the need to ensure all work is completed to avoid an N Awards.

Finally, I would like to wish everyone a happy and safe holiday break and look forward to term 3.

Angelo Stasos
Principal

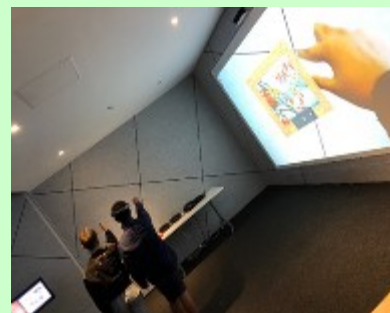
Report from the Deputies

It has been an action packed term 2 for both staff and students here at KNHS. Students are afforded many learning experiences both within and outside of the classroom context. I am most impressed at the way in which our students conduct themselves whilst representing the school outside in the wider community and embrace learning within the school. Congratulations to both staff and students for a very successful term.

ABCN Full Steam Ahead

A group of 20 Year 8 students participated in the ABCN Full Steam Ahead program where they engaged in meaningful computer science education and immersive technology learning experiences in the areas of Science, Technology, Engineering, Arts and Maths (STEAM) to young people in secondary schools across Australia.

Many thanks to the following teachers Ms Conidaris, Ms Cracovska, Ms Faros, Ms Axougas and Ms Cazouris who attended the sessions and supervised the students



Congratulations to Isabella Y, Alyssa P D and Tiara H on their project of a school bin that encourages recycling and achieving third position.

Year 11 Camp

I was fortunate enough to join 110 of our year 11 students on the year 11 Life Ready camp at Morrisett. The students participated and were engaged in all the activities. Activities focused on team building, resilience, effective communication, demonstrating initiative and developing an understanding of life choices.

The teachers who attended played a proactive role in supporting students overcome fears and in some cases for teachers to overcome fears of their own. Many thanks to Mr Rozario for his exceptional organisation of the camp and for teachers who attended and supported our students (Mr Daddona, Ms Varvaressos, Ms Klapsogiannis, Mr Mystakidis and Ms Axougas.





A few reminders

Uniform

A reminder that all students must wear the correct full school uniform at all times. Students should submit a note signed by a parent outlining the reason if there is a legitimate reason for not having correct uniform. Students may receive a lunch detention and/or have items such as hoodies confiscated. Please be reminded of the school uniform shop that is open on Tuesday at 11.30-4pm and Thursday 8-12pm. We also have a well-stocked second hand uniform for those families who may be experiencing financial difficulties.

Student illness

Students must follow the correct procedures when they fall ill. Students should inform their teacher they are unwell. A decision is made as to whether the parents need to be contacted. Students under no circumstances should be contacting parents and arranging to leave school without following these procedures.

Next term will begin for all students on the 23rd July. I wish all members of the school community a restful and well-earned break.

Trial HSC Exams:

Trial HSC Examinations are scheduled for Weeks 3 and 4 of Term 3 and students have been issued with their Examination timetables. To prepare for examinations students need to read over their class notes, make use of any exam preparation sheets handed out by their teachers and ensure that they revise thoroughly for their examinations. As a parent you can help your child in the lead up to the examinations and ultimately ensure that they perform to their potential. Developing a study timetable and overseeing their study program is a good form of support for your child during the examination period. If for any reason students are absent for an exam, they need to have a doctor's certificate and complete an illness and misadventure form.

Mobile Phones:

Students are permitted to have mobile phones and electronic devices at school for learning and safety purposes. Under no circumstances will inappropriate use of mobile phones or electronic devices be tolerated. The school will take disciplinary actions if students use their phones or electronic devices to take photographs or videos of students or staff or harass and bully students or staff through the use of social media. During class we require all phones and electronic devices be in the student's bag or pocket, that it is switched to silent or off. Using mobile phones and electronic devices during class time is disruptive to the learning of students.

St Albans Road and Student Safety

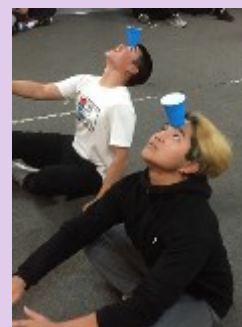
The busiest times for St Albans Road are at the start and end of the school day. The most important priority for us is that students are safe as they enter and leave the school. Parents please note that the School Zone 40km/h is in operation from 8:00am to 9:30am in the morning and from 2:30 to 4:00pm in the afternoon, and that council rangers have been active in the area. Please ensure you follow the road rules and speed limits during these times. Students are also frequently putting their lives at risk by ignoring basic safety instructions and crossing the road through the busy morning and afternoon traffic. Can you please encourage your child to cross at the lights or at the pedestrian crossing?

Kind regards

The deputies

Year 11 Update

The year 11 students have completed their first semester as preliminary seniors with a very eventful term. Their efforts need to be admired as many engaged at camp in events that took them out of their comfort zones, overcoming fears and challenges alike.



Others have engaged in the Max Potential program which is Max Potential is a leadership development program that connects emerging young leaders with local community and business leaders, receiving professional coach training.

The program runs over five months with one-on-one coaching, experiential workshops and a focus on delivering innovative community service projects to make a difference locally. Well done to the four participants making a difference in the program.

Next term brings them one step closer to their HSC year. Many will nominate themselves to represent the school as Leaders (Prefects and School Captains). Others will continue to participate in projects with the local community, many will focus on their studies striving to achieve their best and several will start to think more of future career prospects. Whatever these students choose, I just want to congratulate them for their efforts this semester and continue to wish them all the best.

Mrs Varvaressos (Advisor)

Year 12 Mathematics Enrichment day

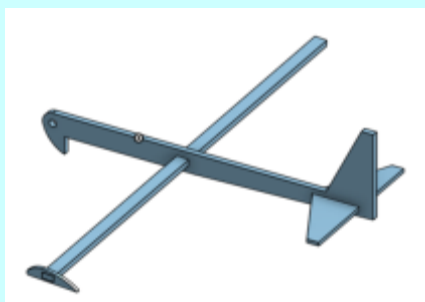
Students from Year 12 Mathematics Extension 1 and 2 attended UTS for a Mathematics enrichment day. University lecturers presented workshops describing how mathematics is used in a range of different university courses and what skills are required to be a successful professional in these fields. Students thoroughly enjoyed the day out and this exposure to the university and lecturers provided another option of the many pathways that they can take after completing their HSC.



Year 9 Year Adviser Report

Year 9 completed their NAPLAN examinations during Week 4 and testing went smoothly. All students will be waiting anxiously for their results. Next term, Year 9 camp is planned and students have been constantly asking for more information and are eager to get involved in the planning process.

The Year 9 iStem class will be completing a Semester long Glider project using a program called OnShape and using the laser cutter. Both Stem A and B classes will be flying their gliders and measuring which travels farthest. The contest will be run during Week 10 in the school hall.



Stephen Poulos

Administration report:

I would like to inform all parents that Year 12 students have received their Trials examination schedule for 2019. Spare copies of this timetable can be collected from the HT Administration office at any time. I wish all Year 12 students the best of luck during this period of time.

I have also recently completed the Language Oral Examination scheduling for 2019. All year 12 students who are enrolled in Languages for the HSC must log into their NESA student portals and download their confirmation documentation that indicates their scheduled time, venue for their oral exams and relevant location maps. The languages students are enrolled in either at KNHS, Saturday School or School of Languages are: Chinese Beginners, Chinese Continuers, Chinese Extension, French Beginners, German Beginners, German Extension, Korean Beginners, Macedonian Continuers, Modern Greek Beginners, Modern Greek Continuers, Modern Greek Extension, Turkish Continuers and Vietnamese Continuers. Students enrolled in these languages who are having difficulties accessing their scheduled information are advised to see me as soon as possible in order to receive their documentation. All student photos have been uploaded onto Schools Online for identification purposes.

More to come in my next report!

Miss Dimitra Tsotsioras
Head Teacher Administration

English Report

Another productive and energetic term has drawn to a close in the KNHS English Faculty.

Year 7 have been focusing on an analysis of protest poetry and discovering how the power of language can be harnessed to change the world.

Year 8 have been focusing on how different Australian perspectives can be presented through poetry, within this unit there has been a strong focus on the indigenous experience as well as the migrant experience of Australia.

Year 9 have been analysing the verse novel, 'The Simple Gift' by Steven Herrick. Inspired by Herrick's work, Year 9 students have been developing their own creative writing portfolio.

Year 10 have been analysing Bruce Dawe's poetry focused on the ideas of loss, dehumanisation and identity.

Year 11 have been focused on developing analytical essay writing skills, focused on analysing texts such as the BBC series, "Sherlock", Margret Atwood's "The Handmaid's Tale" and the film "Children of Men".

Year 12 have continued to work towards the fast approaching Trial HSC that will commence on the 5th of August. They are reminded that it is vital to organise a study plan, develop draft essays and ask for teacher feedback whenever they can.

I am often asked what students can do over the holidays to prepare for the coming term, the answer of course is read. Students are encouraged to discover not only the exciting worlds and perspectives found in fiction, but also discover more about the world around them through the regular reading of newspapers and magazines.

Nicholas Kennedy
Head Teacher English

KNHS CODE CLUB AUSTRALIA TERM 2

What a success it has been for our KNHS code club members this term. Students got to code a variety of programs and games using different platforms and hardware.

The started off by completing the text-based modules in the Code Club Australia platform and working with the Kitronik Micro:bit Inventor's Kits. Then students continued coding with Stem share Ev3 Lego robotics, Ozobots and Micro:bit Grover Inventor Kits. Finally, students started coding arcade style games using pygame zero in mu and worked with Drones in the Hall. They also had the pleasure of being introduced to the school's Virtual Reality headsets by our Councillor Paul Mystakidis.

At the end of term 1, we had the honour of Chau Au visiting our school as a guest speaker from Code Club Australia. He spoke to our code members about the challenges of learning how to code, computational thinking and problem solving, collaborating and producing customised games and programs. He also issued Code Club Australia Certificates to all our code Members.

On the same day, Mr Mckeown and Mr Stasos issued the KNHS Code Club Australia Awards to code club members who had completed the modules in Python, CSS/HTML and Ruby.

This term, on several occasions, Mr Stasos would visit the KNHS Code Club and issue awards to our code club members who had completed the Ev3 Lego Robotics program and the Microbit Grover Inventor's kit program. He would also issue students with Freddo Frogs which they valued dearly.

A special welcome to our new member Felix who has had an interest in coding from primary school and was encouraged by Logan to join our code club. It has been a pleasure and Felix has been an integral member the club.

Please view the photos below to get an idea of what student have been creating in code club. You will see projects by students creating paper cutting devices using ev3lego robots and wearable belts by coding the waterproof LED rainbow strips as well as arcade style games using pygame zero such as Shoot the fruit and Coin Collector.

KNHS Code Club Australia will be continuing to flourish in term 3 with the continuation of creating games using pygame zero, virtual reality and Drones.

A big thank you to our Deputy Mr Mckeown for his ongoing support and Mr Stasos for his strong presence and encouragement to our future Software engineers, Project Developers and Coders. Our students are forever grateful.

Please view photos below of our students coding experiences.



Report Written by Patricia Cazouris

Social Science News

Students have been involved in a number of activities this term. These have included:



***Society and Culture Lectures**

On Wednesday 29th May, Year 12 Society and Culture attended a HSC study day at the Wesley Conference Centre in the city. Students were able to attend lectures based on their core topic areas, as well as their chosen case studies, gaining valuable insight and extra knowledge. They were also given some helpful tips for studying and revising. In addition, they were given some advice in the lead up to submitting their major project: their Personal Interest projects (PIPs).

***kNOwaste workshop**

Year 7 Sydney and 7 Adelaide, as part of their Geography course, recently took part in a workshop about waste management offered by the City of Canterbury-Bankstown Council. It is called kNOwaste and included information on the benefits of recycling, composting and worm farms. It was an interesting presentation and included some interactive fun. Students were engaged and were challenged by being asked to guess how long the following items took to decompose. It was a difficult challenge, and students were amazed by some of the answers. The other Year 7 classes will participate in this workshop in Term 3.



You have a guess:

- banana
- Popper juice pack
- plastic water bottle
- Coke can
- plastic bag
- Styrofoam coffee cup

ANSWER				
1-2 months	3-6 weeks	100 years	250 years	500 years
4-11 weeks	2000-3000 years	1000 years	1-2 million years	Never?

(see photo for the answers)

***Georges River Environmental Centre field trip to Chipping Norton**

On 1st July, all Year 8 students had the opportunity to go on a fieldtrip to the Georges River Environmental Centre at Chipping Norton. They were involved in activities connected to their topic Water in the World.

Students looked at issues such as water scarcity and biodiversity and management responses in preserving water quality. Fieldwork was undertaken including field sketches, photo and map interpretation and water quality analysis. It was an enjoyable day out and students were able to put into practice their geographical knowledge and skills.

Wishing you all a good holiday.

Mrs D. Tsitsos
Acting Head Teacher
Social Science



CAPA NEWS

Term two has been a busy term for CAPA staff and students, with students completing their semester one learning assessments and outcomes. We have had the opportunity to see so many students produce amazing work in all years and specialised fields of CAPA, including Visual Arts, Music and Photography and Digital Media.

Year 7 students have been busy producing wonderful masks from around the world for their Visual Arts assessment and in Music they have been learning the keyboard and notation.

Year 8 students have produced some great Still Life inspired artworks for Visual Arts and in Music have been exploring the theme of Rock, where they have worked on their Guitar performance skills and researching a Rock n Roll artist.



In stage 5 electives, students have been working hard on producing their Visual Art, PDM portfolios and Musical performance pieces, as well as supporting their learning with theoretical components with in their course.



Within Visual Arts year 11 have just finalised their Portraiture portfolio work and are continuing their essay writing development to support their HSC learning journey. Year 11 Music students completed a composition task in which they composed a jazz arrangement of Miles Davis 'So What' using the website flat.io.



As year 12 students in all CAPA subjects work towards the resolution of their practical components in the lead up to the HSC Trial Practical examinations next term, we encourage them to continue to aim for personal best.

Next term we are excited to present our annual KNHS COS showcase, involving the Creative Arts students works in Music, Drama, Dance, PDM and Visual Arts from

our students and the community of schools primary school. The event will be on 21st August commencing at 5.30pm. We hope to see you there!

As we approach the final stage of Term 2, I would like to thank Sarah Noulas (Head Teacher CAPA) who has worked endlessly in ensuring all CAPA staff and students are supported and working towards meeting their creative goals and learning outcomes. Also, thank you to all CAPA staff who have worked together to successfully achieve wonderful work throughout the term.

Dioni Karpathakis

Rel. CAPA Head Teacher

KNOX GRAMMAR HIGH SCHOOL
COS SHOWCASE 2019
 Date: 21st August 2019
 Time: 5:30 pm - 8:30 pm
 Creative Arts Coordinator
 Mrs. Sarah Noulas
 Tel: 02 9391 1000
 Email: s.noulas@knox.nsw.edu.au

Multicultural Day



Thursday 29th August

Program

8am – Barbecue breakfast hosted by our local youth agencies

P1 – Assembly for the whole school

P2 and P3 – Students participate in workshops and attend performances.

P4 and Lunch time – Lunch in the Main Quad

P5 – Cultural performances and concluding assembly

Parents

- ✿ Come and share lunch and watch the performances at 2pm
 - ✿ Lend us items from your culture for a display in the library.
 - ✿ Notes will come out early next term with RSVP details
-

From the Welfare Desk

Attendance:

Term 2 has seen many students miss days of school through illness. We appreciate their speedy return to school, and encourage our school community to look after their health. If your child is unavoidably absent, please send a note with them to the office on the first day that they return to school. Justified reasons for student absences include

- being sick or having an infectious disease
- Having an unavoidable medical appointment
- Being required to attend a recognised religious holiday
- Exceptional or urgent family circumstances e.g. attending a funeral

Absences can add up over time, here is an example.

Criteria	Per Term	Per Year	K-10
15 minutes late, twice per week	5 hours	20 hours	36 days
1 day per week	10 days	40 days	2 years and one term
5 days per term	5 days	20 days	1 year

Vaccinations

Year 10 will receive their Meningococcal ACWY on the 9th of August. Year 7 catch up vaccinations will be on that day also. Please return any outstanding consent forms to the library.

Mobile Phones

Student use of mobile phones has been in the news in recent weeks. Guidelines for parents from the eSafety commissioner are included in the newsletter.

Holidays

The holidays are a great chance to spend time with your children. The July holidays are ideal for outdoor activities as the weather is cool and the sun is not too strong. The [Wolli Valley](#) has wonderful bushwalks and is not too far to travel!

Screen time for your child – 7 tips

There is a lot of conflicting advice and emerging research around screen time. But, the right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their learning needs and your family routine. It can be easy to focus only on the clock and how long your child is spending in front of the screen, but the quality and nature of what they are doing online, and your involvement are just as important.

Consider your child's screen use in the context of their overall health and wellbeing – for example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.



1. Be involved

Sharing screen time and online activities like gaming with your child helps you gauge the appropriateness of what they are doing and manage potential risks. It's also a great way to start conversations with your child about their online experiences.



2. Work with your child to set boundaries for screen use

If you decide that setting screen time limits is right for you and your child, discuss these new rules with your child. Older children are more likely to cooperate if they have been part of the decision-making process. Colourful pictures or charts of daily limits and other important activities is a fun way to get younger children on board.



3. Be clear about the consequences of not switching off

Part of our role as parents is to set clear limitations and boundaries. The same applies to technology limitations so, being clear and consistent about the consequences for your child if they do not stick to these rules is paramount. The [Raising Children Network](#) provides some useful tools and advice.

4. Set device-free zones and times at home

Device-free zones can help you manage your family's digital use. Here are some ideas for setting digital boundaries within your home:

- no devices in the bedroom for younger children
- all screens off in bedrooms after a certain time for older children
- all screens off at least one hour before planned bedtime
- all family members switch off at dinner time
- charge devices overnight in a place your child cannot access

5. Ask your child to explain their screen use

Get your child in the habit of explaining why they want to be in front of a screen or online. It's a great way to get them thinking about their own digital habits and balancing screen time with other activities.

6. Use tech tools to help manage access

There are robust products and device functions which allow you to see which apps are being used in your home and for how long. But try not to use these tools to secretly monitor your child. Instead, be open about the process and check the whole family's usage, including your own. Start with [Google Family Link](#) for Android devices or [parental controls](#) and [Screen Time](#) for iPhone/iPad.

7. Lead by example

Your behaviour is one of the most effective ways to help your child develop a positive digital mindset. Show your child you can put down your device too.



Year 11 Life Ready Camp Term 2

In week 8 of this term 110 year 11 students attended the Life Ready Camp. The camp provides opportunities for all students to develop social skills and independence, challenge themselves and enjoy the benefits of an active lifestyle as well as complete the stage 6 Life Ready course.

The experience of camp allowed students to develop through learning with a wide variety of activities which many students would not usually have the opportunity to participate in eg kayaking, high ropes course and mud world (all pictured). The qualified staff at Morisset tailored sessions that facilitated with a specific purpose ranging from participation, competition, skill acquisition, education and development. At the end of camp our students developed life skills through small group learning and discussion and outdoor activities. Themes include taking responsibility, setting goals and priorities, teamwork, cooperation and effective communication.

This year students also had the opportunity to take part in a laser tag activity inside Maitland Gaol. Students learnt about the gaol's history as they explored the famous grounds while having fun playing Battlezone Lazer challenge. All students enjoyed their experience thoroughly and found it a very rewarding, team building experience. Congratulations all students who **"SURVIVED"** the camp.

Mr Rozario



SPORTS REPORT

KNHS 2018 ATHLETICS CARNIVAL

Congratulations to all those students who participated in our school athletics carnival on Tuesday the 29th of May. The day was made a success by the participation and enjoyment of all the KNHS staff and students and we saw some amazing athletic feats. The Age Champions on the day were:

GIRLS	BOYS
12 years: Aurora D	12 years: Adam A
13 years: Kakala H	13 years: Abdullah M & Scott S
14 years: Tamelanee T	14 years: Michael S
15 years: Annelise B	15 years: John V
16 years: Caitlyn W	16 years: Bayley G
17 years: Alma R	17 years: Christian M
18 years: Alyssia P	18 years: Harry T

2019 ZONE CROSS COUNTRY

On Tuesday the 22nd May, Kingsgrove North High School was proud to submit a team of 47 boys and girls to represent the school at the St George Cross Country Carnival.

The dedicated grass running track at Scarborough Park was the venue for the day, providing our athletes with a circuit that combined fast, flat running with some challenging hilly sections and sharp turns.

Weather conditions were excellent and, as our runners prepared for their event, there was a good team spirit and excitement in the St George area. Some of our children were participating for the first time in this event and they were keen to run with grit and determination. Congratulations to all our runners for their efforts on the day.

Regional Cross Country Qualifiers:

Aurora D
Christopher P
Areti P
Danilo N
Noah D C
Alec Z

2019 ZONE ATHLETICS

On the 24th & 25th of June a combined group of 83 students represented Kingsgrove North High School at the St George Zone Athletics Carnival at E.S Marks Athletics Track in Kensington to compete against 18 other schools for the chance to compete at the regional level at the Sydney East Athletics Carnival.

Regional Athletics Qualifiers:

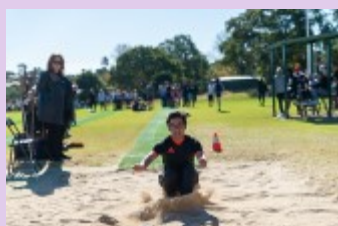
Adam A
Jonasa B
Aurora D
Gabriella O
Scott S
Selafina A
Hussein A
Isabella Y
Adam E S
Sam G
Salina A
Ethan N
Bayley G
Annelise B
Michael S
Greig R

SPECIAL MENTIONS

SHADI H: Has recently participated in the City Vs Country U14 Oz Tag Tournament and has now been selected to play for NSW Vs QLD in the OzTag State of Origin Games.

ALMA R: Has recently participated in the Oceania Athletics Championships representing Australia. She received a silver medal in the 400m event and was part of the 400m relay team that won gold and broke the record for that event.

Madeleine Z: Has won MVP at a representative Basketball tournament in Melbourne & Sydney Comets representative at the National Nunawading Basketball Competition.



Term 2 Integrated sport

It's finals week for our Year 7 and Year 8 students in integrated sport.

This term all teams have worked tirelessly during their weekly competitions to get ahead in points to make it to the finals. Now that finals are here all teams will battle it out on the field to have the one and only chance of gaining the winning title.

We wish all contenders the best of luck!

We look forward to meeting our winners!

Always remember to – stay positive and never give up!



PDHPE FUN AND FACTS

WHY EXERCISE???

Benefits of regular physical activity

If you are regularly physically active, you may:

- reduce your risk of a heart attack
- manage your weight better
- have a lower blood cholesterol level
- lower the risk of type 2 diabetes and some cancers
- have lower blood pressure
- have stronger bones, muscles and joints and lower the risk of osteoporosis
- lower your risk of falls
- recover better from period of hospitalisation or bed rest
- feel better – with more energy, a better mood, feel more relaxed and sleep better.



A healthier state of mind

A number of studies have found that exercise helps depression. Exercise may block negative thoughts or distract people from daily worries. Exercising with others provides an opportunity for increased social contact. Increased fitness may lift your mood and improve sleep patterns. Exercise may also change levels of chemicals in your brain, such as stress hormones.

Aim for at least 30 minutes a day

To maintain health and reduce your risk of health problems, health professionals and researchers recommend a minimum of 30 minutes of moderate-intensity physical activity on most, preferably all, days.

Physical Activity Guidelines

The Australian Government's Physical Activity Guidelines state that:

- Doing any physical activity is better than doing none. If you currently do no physical activity, start by doing some, and gradually build up to the recommended amount.
- Be active on most, preferably all, days every week.
- Accumulate a minimum of 2 ½ to 5 hours of moderate intensity physical activity each week.
- Do muscle strengthening activities on at least two days each week.

Ways to increase activity

Increases in daily activity can come from small changes made throughout your day, such as walking or cycling instead of using the car, getting off a train or bus a stop earlier and walking the rest of the way, or walking to school.

<https://www.betterhealth.vic.gov.au/health/healthyliving/physical-activity-its-important>



Upcoming PDHPE events in Term 3

19 th of August	PASS & SLR Excursion
10 th of September	Yr 10 BStreetsmart Excursion

Year 8 Report

We are coming to the end of Term 2 and it's been a busy term (aren't they all?). Year 8 have been frantically finishing off assessment tasks and sitting for exams. And the teachers have been frantically marking and writing reports. Please take a good look at your child's report when they make their way home, and discuss some strategies with your child for improvement and development. Also, the first Parent and Teacher Interview Evening for the year is set for Week 10. This is a great opportunity to meet your child's teachers and bring up any concerns you may have about their academic progress.

On Tuesday evening, 11th June, we held a Subject Selection Information Evening in the hall. It was lovely to see so many of you supporting your children through the process and asking questions about what each faculty offers for Years 9 and 10. The students have an important decision to make about the next two years and your experience and advice is a significant part of the decision-making process. Please talk to your children about their choices and remember that their enrolment forms must be in ASAP as it will maximise their chances of getting their preferences. More information about the enrolment process will be sent home with your children soon.

Finally, I am heading overseas in mid-June on Long Service Leave and will be away until late August. Any concerns you have while I'm away should be directed to my assistant, Stacey Axougas. Stacey works in the PDHPE faculty and will be looking after Year 8's welfare. Please feel free to contact her with any queries or important information regarding your child. That's all from me! See you when I get back from Greece!

Angela Faros (Year 8 Adviser)

Year 12 Year Adviser Report

The final count down!!

Year 12 students have been working hard this term with countless assessments and revision work. A reminder to all students. Keep going!! Work hard to the very last minute!! We look forward to celebrating your challenges and successes this year.

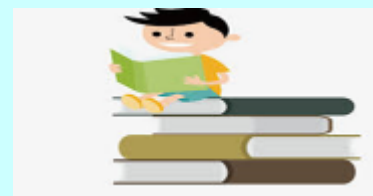
Upcoming events

Trials: Term 3- week 3 and 4

Graduation Day: 26th of September 2019

Graduation dinner 26th of September 2019 (6-11pm). Invitations coming soon. Please ensure you make all payments on time including school fees.

Lastly remember to take a break these holidays and study for your trials. Best of Luck!!



Malak Saad (Year 12 Adviser)

NAIDOC WEEK AT KNHS

NAIDOC Theme: Voice Treaty Truth.

"I acknowledge the homelands of all Aboriginal people and pay my respects to country".

On Friday 28th of June, Kingsgrove North High School celebrated NAIDOC and organised a range of activities to honour the First Nations of our great land.

Session 1



The day began with a performance by Sean Choolburra. Sean is an Aboriginal comedian from Queensland that uses humour, pop culture, dance, and hip hop to introduce students to an understanding of Aboriginal

and Torres Strait culture and knowledge. Sean is a dynamic and versatile comedian, rap singer, dancer, storyteller who educates non-Aboriginal students through comedy and entertainment to raise their spirit and consciousness of First Nation peoples.

Session 2



Bruce Shillings-Worth and his son Buddy, spoke about voice, treaty and truth and shared their interesting stories and acknowledgement of aboriginal history.

Session 3

Year 7 students experienced boomerang throwing with Warren Bridges. Warren shared



Damien enjoying the sun, while waiting for his turn, to throw the Boomerang

the importance of Boomerang throwing through history and taught the students the correct technique on how to throw a boomerang. Students enjoyed this activity thoroughly and took the opportunity to throw the Boomerang many times.

Mr Rozario, Ms Saad and Mr D'Addona organised Aboriginal sporting activities for year 7 students to experience. Students thoroughly enjoyed participating in these activities and developed a deeper understanding of these sporting activities through history.



Session 4



Drone flying with Liana Rose and Kyara was most entertaining as they spoke about the contribution of Aboriginal knowledge to the development of drones. and taught our students the importance of storytelling from "a "drones- eye" point of view"

NAIDOC BBQ



At 1.30 pm year 7 students, guest speakers and performers were treated to a BBQ lunch consisting of kangaroo and beef sausages. We would like to thank Ms Conidaris, Ms Davies, Mrs Lathouras and Mrs Cazouris for ordering preparing, cooking and serving on the day.

REPORT WRITTEN BY OUR ABORIGINAL STUDENTS: DAMIEN, EMELITA AND TAHLEEHA

The first session today was with Sean in the hall with his comedy act. It was a very funny and entertaining show. The second session for the day was with Bruce Shillings-worth and his son Buddy. They spoke about voice, treaty and truth and shared their interesting stories and acknowledgement of aboriginal history. For the third activity we had two lovely women that had enough kindness to bring their fun and entertaining drones for our year sevens to use. For the fourth session we had aboriginal sports ran by Mr Rozario and Ms Saad. It was very fun and amusing for the year 7s.

We would like to thank Dr Roger Bourne and all our Aboriginal and Torres Strait Islander students for making this day special.



First Nations Bedtime Stories



The First Nations Bedtime Stories took place from Monday 17th June till Friday 21st June in the Library at lunchtimes.

The Library was closed for the special screening and activities that took place. On average there were 25 students participating in this event.



Every day we had a different student doing the Welcome to Country. Students enjoyed viewing The One Eye Rainbow Serpent, The Bungalungoo Man, The Seven Sisters, The Mother Tree and The Man in the log. Activities that took place were Explanation of Indigenous tools and animal skins, creation of acknowledgement to country, tasting and smelling of native indigenous herbs/spices and jams, storytelling with symbols and finding your direction in the sand with objects.

The importance of looking after Country, the importance of Community, listening to your Elders, Family and Kinship were some of the Indigenous values that were highlighted in these stories.

The whole week was a success and students really enjoyed every story and activity that took place. The activities were also aligned with the Australian Curriculum.

I would like to thank Dr Roger Bourne for supporting me in this initiative, Olivia Pattern and Aunty Caliti for their dynamic workshops on "Acknowledgement to Country". Helen Conidaris for supporting this event in the Library and Geth Lathouras for taking photos and participating in the lunch time events. Also, I would like to thank our Indigenous Students for being present and actively participating in every session and a special thank you to Charlotte Taylor for immersing herself in this experience and preparing an indigenous activity which tied in with the story which was screened on the day. (The Mother Tree). Finally, I would like to thank The First Nations Bedtime Stories for preparing these stories and activities for our students to experience. Below are some photos which display what our students experienced during the lunchtime sessions.



Year 8 Full Steam Ahead

CONGRATULATIONS TO KINGSGROVE NORTH HIGH SCHOOL FOR WINNING THIRD PLACE IN THE HACKATHON AT THE POWERHOUSE MUSEUM



On Friday the 21st of June, 13 year 8 students attended the Hackathon at the Powerhouse Museum as part of the ABCN program. The Hackathon is an event where coders artists, makers, writers, musicians, learners come together and collaborate on a project in a short amount of time.

Our Students worked in their respective teams and proudly represented our school in producing a workable model of their unique hack. They developed a prototype using an Arduino Uno, the Thinkershield that has been produced by the Powerhouse Museum, LED lights, buttons, buzzers, break bean sensors,

servo motors and other materials such as boxes, pipe cleaners, stickers and so on.

In each team, there was a project manager creating the documentation, a Thinkershield developer (coder) and a Rapid Prototyper (designer). Other members of the team would assist the main people with their tasks.



Team 1
Connor D, Noah D, Matthew M and Frankie S

Team 2
Jenny C, Spiro P, Michelle L, Luiz S, Felipe S

Team 3
Isabella Y, Alyssa P, Tiara H

Our students were very productive and engaged. As a result, Kingsgrove North High School won third place in the Hackathon. A very proud moment. Congratulations goes to Isabella Y, Alyssa Pascual D and Tiara H for creating a school bin that encourages recycling using an Arduino Uno, the Thinkershield, wires, break bean sensors music and art materials. This Hack not only would work in schools but also it can extend its application in other industries. A very pleasing outcome!



Report written by Patricia Cazouris

Women in Trades

On Friday 7th June KNHS held a Women in Trades workshop in the hall, facilitated by SALT. SALT is an organisation created to inspire and teach as many girls as possible some basic knowledge of generic tool use, generating social change around gender stereotypes. The goal was to show girls that they can easily do this type of work if they choose.

The workshop began with the five SALT women telling their career stories and offering some advice to the girls. It was then straight into a very hands-on workshop where we all made a wooden caddy using a range of power and hand tools.

It was such a positive experience to see how engaged the girls were throughout the workshop. The quality of their work produced was outstanding, and the facilitators were so professional in demonstrating and sharing their skills.

Interestingly, the feedback forms collected at the end of the workshop captured the fact that more than 80% of these girls had not considered a career in a trade, but on completion of the day now wanted to explore this as an option. A very empowering day for these girls!

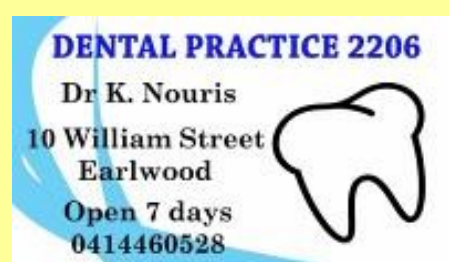


Biology Excursion

Year 11 Biology students visited Bicentennial Parklands on 30th May. They studied the mangrove ecosystem in preparation for their upcoming Depth Study. They enjoyed learning about the abiotic and biotic factors of the area, as well as adaptations of plants and animals.



Kingsgrove North High School is proudly sponsored by the following organisations. We would like to thank and acknowledge our sponsors for their continue support of our school.



We would also like to thank and acknowledge the following local businesses that have sponsored and supported our classroom calendar for 2019.

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