

Kingsgrove North High School

The Way North



Our Community Newsletter No. 3, 2020

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PRINCIPAL'S REPORT

As we reach the half way mark in the term, Year 12 are in the middle of their HSC trials which we have pushed back to weeks 5 and 6. These are normally held in the first half of the term but were pushed back due to the COVID situation. We wish Year 12 all the best in their trials and in their upcoming HSC exams.

Unfortunately, the Year 12 graduation has been scaled back this year. This is one of the big events on the school calendar and last year we had over 600 people attend, however that will not be happening this year. The Department and NSW Health have imposed a number of restrictions in regards to the ceremony. Basically, the ceremony will still take place but there will be no parents allowed to attend. Instead we will be live-streaming the event via zoom and the link and password to this will be sent to all Year 12 parents as a text on the morning of the event. This will ensure that only parents of our students will see the ceremony and it will not be live on Facebook or Youtube for anyone to see.

At this stage the formal dinner has been cancelled, however I have asked Mrs Varvaressos to make another booking at the venue for late November in the event that restrictions are lifted and we can go ahead.

While we have had a disruptive year, we are back to face to face teaching and for the most part normal routine with a few exceptions. A number of whole school activities have been cancelled including the annual Showcase with our neighbouring schools and the upcoming COS band concert. Whilst this is unfortunate, there is not much we can do in the current climate. Let's hope we can resume with these events in 2021.

Even though we have had a disruptive year, we have continued with providing and upgrading new facilities around the school. Recently we have developed a new Media photography green room and continued with the upgrade of the oval with new stands and covers. As we go to press, Padstow TAFE are in the school and completing the remaining three concrete stands on the St Albans Rd side.



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We will also be producing a fly through of the school in term 4 which is something unique and will highlight and showcase the school. This will be placed on the website.

We have recently completed filming the first series of 360 virtual classroom school tours. These should be on our website towards the end of the term. There were 21 areas of the school filmed, and the remaining 9 will be filmed early next term. A drone shot of the school was also taken and will look spectacular when loaded onto the site. The Innovation Hub is progressing and about to go to tender. We expect the hub to be in place by December and will slowly fit the room out during January.

The new TAS room has also been completed and is fully operational. Ms Todd has done an excellent job on the design of the room and is working hard to get the room functional this term. I would also like to thank and acknowledge our GA Mark Harris who has been instrumental in much of the preparation and building of the new rooms and resources. His expertise and experience has been the reason we have been able to develop so many of the new areas around the school.



Year 11 are also slowly coming towards the end of their Year 11 course, and their exams will be held in weeks 9 and 10 of this term. Students in Year 11 will also shortly be involved in selecting the new leadership team for 2021- with speeches, voting and the prefect investiture happening soon. Further to this, the elections for the SRC will also take place in week 8.

Angelo Stasos - Principal

DEPUTY PRINCIPAL'S REPORT

Term 3 has been an extremely busy Term for Kingsgrove North High School. With the disruptions of earlier this year now past, staff have been focusing intently on ensuring that the impact of COVID-19 on the learning of students is minimised. All half yearly reports have now been issued. If your child has not received their report, please have them speak to their Year Adviser. It is important that students and parents read these carefully and use the feedback to reflect and improve. We are hoping to have a parent-teacher evening some time in Term 4 if restrictions are lifted.

Year 11 N- Warning and End of Year Examinations – HSC Program of Study

Year 11 will soon be sitting for their end of course examinations. Students are encouraged to spend the following weeks preparing for these exams, which will see the end of their HSC Preliminary course. Students with outstanding N-warnings must have these resolved or may find they are ineligible to continue to the HSC. The HSC courses will start day 1 next term. While it is compulsory to complete 12 Units for the Preliminary Course, the Higher School Certificate/ATAR requires a minimum of 10 Units. Students who complete 12 Units have their best 10 used to calculate their ATAR. It is highly recommended that students maintain 12 units as they complete their HSC. Changes to programs of study will require appropriate paperwork to be completed. No students will be dropping a course prior to the end of week 2 next term. Forms will be available from Ms Ellis at the start of Term 4.

Mobile Phones:

Students are permitted to have mobile phones and electronic devices at school for learning and safety purposes. Under no circumstances will inappropriate use of mobile phones or electronic devices be tolerated. The school will take disciplinary action if students use their phones or electronic devices to take photographs or videos of students or staff or harass and bully students or staff through the use of social media. During class we require all phones and electronic devices to be in the student's bag or pocket - that is switched to silent or off. Using mobile phones and electronic devices during class time is disruptive to the learning of students.

Energy Drinks

Just a reminder that ENERGY DRINKS are banned at Kingsgrove North High School. These drinks contain large quantities of sugar and caffeine which under certain circumstances can have a harmful impact on the growth and development of young bodies. These chemicals and others found in these drinks have also been known to increase anxiety, aggressiveness and impact on sleep patterns. Students found at school or entering school with any form of energy drink will have them confiscated.



Adam McKeown - Deputy Principal

HEALTH EFFECTS OF ENERGY DRINKS
on Children, Adolescents and Young Adults

Overconsumption of energy drinks may lead to the following outcomes:

- Increased sweat excretion
- Affected blood pressure
- Psychotic conditions
- Liver damage
- Respiratory disorders
- Seizures
- Rhabdomyolysis
- Heart palpitations
- Myocardial infarction
- Tachycardia
- Hypertension
- Nausea
- Vomiting
- Abdominal pain
- Increase urine flow
- Kidney failure
- Agitation
- Coronary vasoconstriction
- Cerebral vasoconstriction
- Altered electrolyte levels
- Interferes with calcium absorption

source: American Academy of Pediatrics

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RELIEVING DEPUTY PRINCIPAL'S REPORT

Welcome back to all of our students and community. Following a disrupted Term 2 it is nice for our students to be back in a safe and engaging environment. Thank you to all students and parents for adhering to the current hygiene and social distancing measures that have been put into place. We would like to assure you that we will be up to date with all of the NSW Health and Department guideline measures that need to be taken.

I am frequently proud of our students at KNHS and their abilities to perform in and out of the classroom. With current restrictions in place we have been fortunate to still be able to run exciting projects like the Year 11 First Aid Course, the Year 10 Wise Up initiative, Year 9 Debating, and Year 9 ABCN Goals programs.

I would like to remind all parents/guardians and students that the school uniform must be worn each day. Due to the colder weather, students are permitted to wear a plain WHITE top underneath their uniform. Please ensure no other colour is worn. On Wednesdays, if students would like to wear tights they must be worn underneath the school sport shorts. If you have any questions regarding the school's uniform policy, please feel free to contact me at the school. The uniform shop is open on Tuesdays (11:30am – 3:30pm) and Thursdays (8:00am – 12:00pm). A second hand uniform shop is also available. Please contact the office to arrange a time for this.

The Year 12 Trials are now upon us and I would like to take the opportunity to wish each student sitting these exams the very best. Ensure you eat well, have sufficient exercise and sleep, and use your study time effectively. We have complete confidence in you all and remember to read the questions carefully before you answer them.

Mr Rozario -Relieving Deputy Principal

Term 3 FUN & FACTS

National Physical Activity, Sedentary Behaviour, and Sleep Recommendations for Children and Young People (5-17 years) . For more info go to www.health.gov.au

Physical Activity

- 60 minutes or more of moderate to vigorous physical activity per day involving mainly aerobic activities.
- Several hours of a variety of light physical activities.
- Activities that are vigorous, as well as those that strengthen muscle and bone should be incorporated at least 3 days per week.
- To achieve greater health benefits, replace sedentary time with additional moderate to vigorous physical activity, while preserving sufficient sleep.

Sedentary Behaviour

- Break up long periods of sitting as often as possible.
- Limit sedentary recreational screen time to no more than 2 hours per day.
- When using screen-based electronic media, positive social interactions are encouraged.

Sleep

- An uninterrupted 9 to 11 hours of sleep per night for those aged 5–13 years and 8 to 10 hours per night for those aged 14–17 years.
- Have consistent bed and wake-up times.

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YEAR 7 REPORT

It has been a challenging few terms but despite this year 7 have transitioned well into their first year of high school. Many students have earned several positive Sentral entries which have resulted in a number of awards being handed out by Ms Conidaris. Some awards have included 100% attendance records, and positive classroom engagement for the term.

Recently our semester one reports were distributed to students. These reports are a great indication of a student's progress so far. Overall the year 7 cohort has shown growth and progression across a wide range of subjects.

Ms Saad - Yr 7 Advisor

YEAR 9 REPORT

A few matters of house-keeping:

Student Attendance

If your son or daughter is absent from school, please ensure that you inform the office in one of the following ways:

- Call the office on the morning of the absence
- Respond to the absence notification you will receive via text message
- Send a note with your child on the day they return to school

All students are expected to be at school unless they are unwell or have a medical certificate to support their absence.

Uniform

A reminder that students must be at school in complete uniform. That means no leggings or hoodies. Black leather shoes must be worn every day except Wednesday. We understand that in the cooler months, students like to wear layers to keep warm, so a white long sleeved t-shirt is fine under the school shirt. Any deviation from this will result in a detention.

Lesson Attendance

In Year 9, students have the opportunity to participate in many valuable programs. A crucial requirement is that any class work missed must be completed. It is the responsibility of the students to ensure that they are up-to-date. Also, if a student undertakes a session with one of our Youth Workers, they should try to ensure that they are not missing the same subject repeatedly, and take care to catch up on missed content and activities.

Remember, I am available if your child or family requires some support. You can contact me via our front office and I will return your call as soon as I am able.

Ms Faros - Year 9 Advisor

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YEAR 10 REPORT

Year 10 have completed their subject sections for Year 11 and are looking forward to seeing what exciting subjects the school has to offer in their senior years. The subjects will allow students to have a better understanding of their future pathways in terms of University or TAFE. Keep up those quick positives in class and let us finish 2020 in the best possible way.

Mr Poulos - Year 10 Advisor

YEAR 12 REPORT

The Trial HSC Examinations commenced this week on Monday, 17 August and conclude on Friday, 28 August. This can be a very stressful time for Year 12 students. Good study conditions, eating a healthy diet and sufficient amounts of sleep will support them during this time. We wish Year 12 well in their exams and encourage them to do their very best!



Mrs Varvaressos - Yr 12 Advisor

LITERACY AND NUMERACY

Kingsgrove North prioritize the development of literacy and numeracy skills to equip our students for a successful career in the future.

Year 9 students are participating in a reading and numeracy check-in assessment in Weeks 5-7 of Term 3, 2020.

The Check-in assessment is a NSW Department of Education initiative. It is an online reading and numeracy tool available to support schools to assess and monitor Year 9 student learning following the period of learning from home.

The Check-in assessments can supplement existing school practices to identify how students are performing in literacy and numeracy and to help teachers tailor their teaching more specifically to student needs.

Students have been requested to bring headphones or earbuds that plug into a computer to enable them to hear audio during the assessment. Earbuds used for mobile phones or other portable devices may be suitable for use during the assessment. The type of computer connection needed is a jack or USB. The school will not be providing head phones due to Covid-19.

Dr. Roger Bourne - Learning and Support Teacher

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LIBRARY NEWS

Our library has been a much quieter place this term. Due to the COVID restrictions each year group has a separate library day. This has meant fewer students in the library overall, and has stopped students from different year groups mixing. We have a new Library Assistant in term 3 – Ms Suk May Chan. She has been invaluable in keeping many of our library operations going.

Our catalogue is available for students to choose books from. Students may request the book and wait for the staff to bring it. Students may be allowed in to browse for a book to read, even if it is not their day, provided the library is not too full.

If you can't get to a library, the library can come to you. Our catalogue has websites students may use for their assignments, and the school has access to the encyclopedia Britannica online. The log-in details are available from the library and in student's emails. Canterbury Bankstown Libraries have a wide variety of electronic resources available. These include

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|------------------------|--------------------------------------|---------------------------|
| • eBooks | • SLNSW online resources | • Online Learning Courses |
| • eComics | • Arts and Crafts | • Government and Politics |
| • eAudio | • Family History | • History |
| • efilms | • Law | • Journal Articles |
| • eMagazines | • Encyclopaedias and reference books | • Literature |
| • Children's Resources | • Building | • Science |
| • Computer | • Health | |

Report on the ABCN In Conversation - Change in the Workplace.

On Thursday afternoon Year 11 Business Studies students came to the library to participate in a seminar on change in the workplace. The conference was addressed by Steve Worrall, the CEO of Microsoft in Australia Anne-Maree Crivelli, and the Principal of Glenroy College.

The students enjoyed hearing about the challenges faced by both Microsoft and the College as they implemented Remote Learning and Work from Home earlier this year. Human contact was noted as an element that had to be factored in to online working and learning. For both organisations, that meant more frequent check ins with teams.

The Glenroy College model for remote learning was based on compressing the school day into 5 half hour periods with a break between, with the afternoons free for students and teachers to prepare, complete, mark or interact as needed. Maree noted that she expected the second round of remote learning to be much smoother than the first because the staff and students were more conversant with the technology.

The anticipated impacts of technology on our future were described – from telehealth to logistics to education. Both Steve and Maree made it clear that people entering the workforce now require IT skills as well as their professional and vocational competencies. No mention was made of the growth in insecure and on-demand work that new technologies appear to encourage.



Helen Conidaris – Head Teacher Welfare

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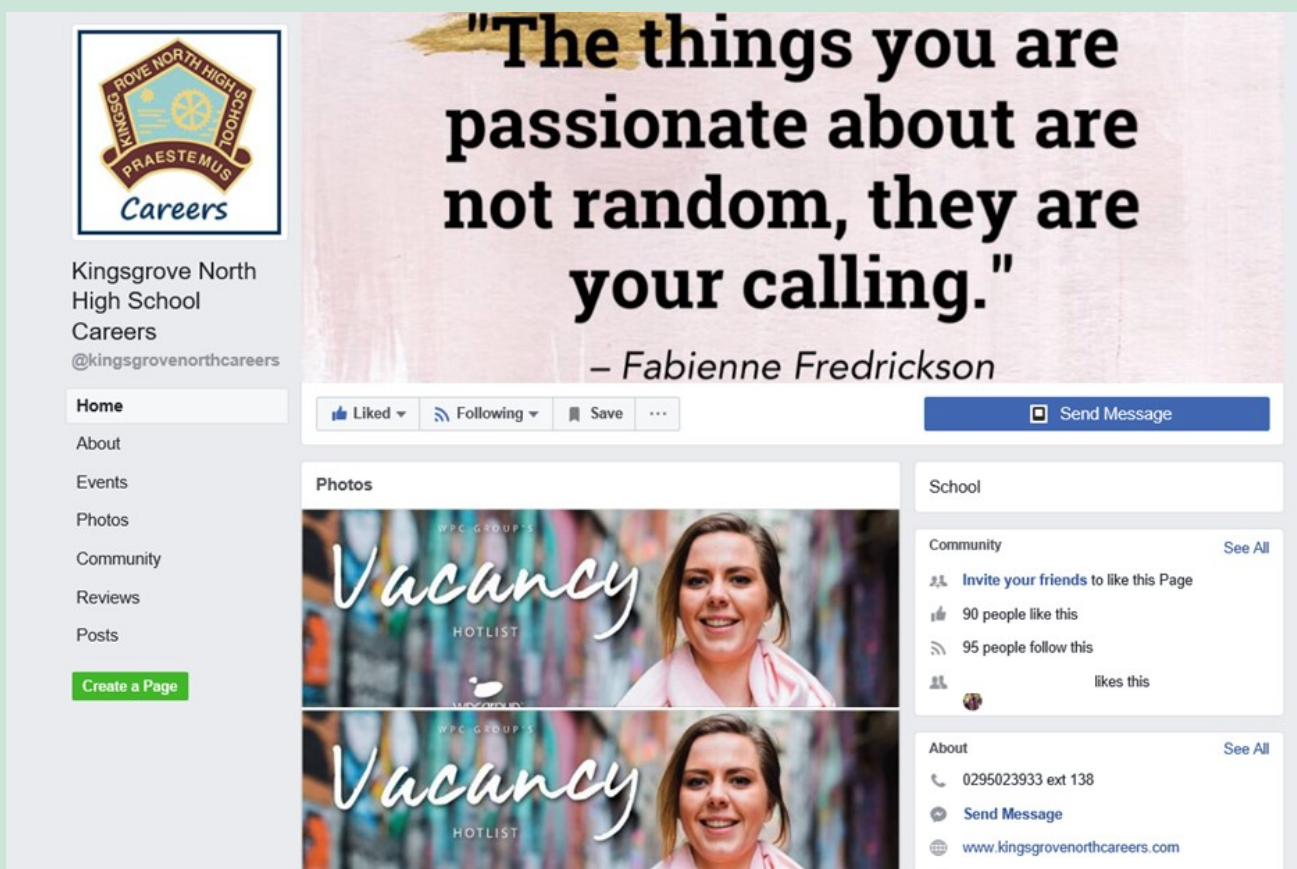
CAREERS

Did you know Kingsgrove North High School has its own CAREERS Facebook page?

Please LIKE our page and follow along for information regarding Apprenticeships & Traineeships // Career related excursions // Industry placement opportunities // University programs and all things careers.

Search for us on Facebook: Kingsgrove North High School Careers

See you on the page!



We also have a website: <https://www.kingsgrovenorthcareers.com/>

Our website will provide you with all the latest careers information that will help you make decisions about your future career and life beyond school. You can use this site for get information about Work Experience, search for job vacancies, upcoming careers, study events and much more.

Lisa Shineberg & Mirna Kabbara - Careers Advisors

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ENGLISH NEWS

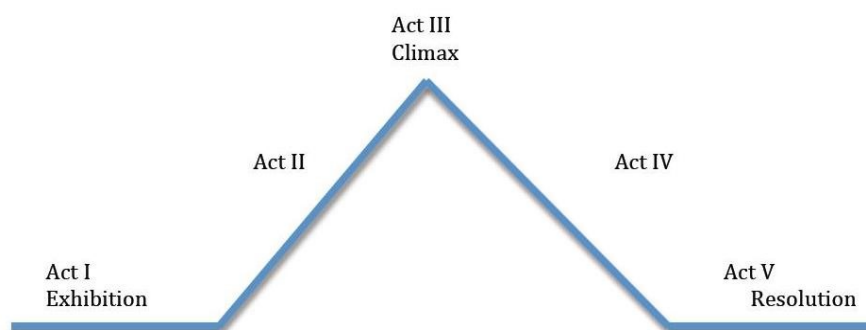
Is there anything better than becoming completely engrossed in a new book, play or film? Amidst this turbulent period of time a good book can allow us to be transported, through the power of words, to another world where things like face masks and quarantine are not weighing heavily on our minds.

In English at KNHS our Year 8 and 10 classes are studying drama. In particular we have been analysing the 5 act structure, common among Shakespearian plays. Within this 5 act structure the final act is titled 'The Resolution' in which conflict is resolved and order is restored.

This final act has a powerful impact on the audience because the tension and angst that has been building throughout the play is broken and the audience feels a sense of relief. This sense of relief is called 'catharsis' - literally meaning a release of emotions and healing.

Perhaps, this is the real reason why escaping into a text is so valued by many of us. We know that we will feel this sense of catharsis at the end of a narrative where problems and conflict evaporate and we are comforted by the return of order.

In 2020 where uncertainty abounds, the English Faculty recommend all students and parents take the time to engage with a book, film or play and take comfort in the certainty of a sense of catharsis being delivered and order being restored, even if we can only hope for that to occur in our own lives at the moment.



In Term 3:

Year 7 are studying the Mythology of Dragons through a close analysis of film

Year 8 are studying the play Romeo and Juliet

Year 9 are studying the verse novel 'The Simple Gift' by Steven Herrick

Year 10 are studying various dramatic plays

Year 11 are studying their final module before their Preliminary HSC exams

Year 12 are in the final stages of preparation for their Trial HSC examinations

Nicholas Kennedy - Head Teacher English

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ENGLISH - Year 7 Magazine

Last term, 7 Adelaide composed a class magazine featuring their work. Carrier Pigeon aimed to create an avenue for young people to share their experiences of a very challenging year thus far. It was an idea conceived from a conversation with Mrs Andreou about a defunct student-written publication called The Deli. In the same vein, Carrier Pigeon has been composed by students, those in their first year at Kingsgrove North High School, communicating messages – as a carrier pigeon would do. The magazine's first edition includes works of poetry, interviews conducted between students and teachers, and book reviews. It also features entries to Australia Post's Dear Australia writing competition as well as the My Place writing contest, presented in partnership by the Australian Literacy Educators' Association and the Australian Children's Television Foundation.

Alexander Sihaloho

'The Hobbit' written by J.R.R. Tolkien is a novel about a hobbit, a short human-like creature who wants nothing more than to sit back and let the world keep spinning. That is until one day, when he is approached by a powerful wizard who needs his help. The wizard, Gandalf, sends the protagonist, Bilbo Baggins on a dangerous quest to find the treasure of a legendary dragon and uncover secrets and mysteries about himself along the way.

The story is set in Middle Earth, a place equivalent to Midgard in Norse mythology. It is inhabited by creatures such as hobbits, dwarves, dragons and many more. It is filled with vast mountain ranges and green fields for miles. The main character is a hobbit named Bilbo, a hobbit who wants nothing to do with adventures and wishes to live only a peaceful life. Bilbo starts off not wanting to be a part of the gang of dwarves looking to find the treasure, but as he uncovers more secrets about his mother, he continues on with them. The moral of the story is that anyone can be a hero and it's better to get out there and enjoy life, to have fun and do what you want to do. As someone who reads a lot of action books, this was a nice break, taking the reader back to a time before technology and world-ending catastrophes. Tolkien takes the classic treasure hunt story and puts a twist to it like nobody else can.

The book is great for anybody at any age, as even if you aren't into dragons and dwarves, you can still grasp the story. It's a simple tale of the hero's journey that (if you want) can become the most complicated and convoluted story on Earth based on its own world-building and mythology. Not many books can do that. I'd recommend this book to anybody looking for a good read.

5 STARS *****

Hamza Rowan

Dear Australia,

This year didn't go exactly as planned, or maybe it was even worse than what was planned. Being in lockdown the past few weeks has been tough, including engaging in online learning which would take up a large part of each day. But at the same time, it has been getting better as time goes by. Time went really fast in the past few months, as we've already made it halfway through the year.

My time at home has been pretty straight forward as there was nothing exciting going, like everyone else, I couldn't see my friends. The only form of communication was talking online. This was not how I expected my first year of high school to go. But thanks to Covid-19, we stayed home 24/7 and did not have to go to school.

There was a part of me, and probably all of us that wanted to go to school. Google Classroom was the most annoying thing. But luckily, school was up and running again a couple of weeks ago which made mostly everyone happy to hear.

We don't know what's waiting for us ahead of time but we can definitely be hopeful. The year started off with bushfires, then international conflict, Covid-19, lockdown, protests and riots. At the moment, things are going pretty smoothly so far and I hope it stays like that.

-Hamza



Illustration: Bea Newton

News Poems

The following poems have been created by using phrases from news headlines and emails.

What a Year
Natacha Skiric

*As the monster grows every day,
Social distancing paves the way,
Stay up to date with the news,
And follow the rules,
What a year this has been.*

*Everyone is panic shopping,
With restrictions not yet dropping,
Social media started it all,
Leaving toilet paper companies on the floor,
What a year this has been.*

*As new hospitals are opening,
More tests have come back positive,
Everyday people are struggling,
Fighting for their lives,
While people are being fined,
Social distancing laws still apply,
What a year this has been.*

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Novel Reviews

Last term 7 Adelaide wrote their first analytical essay following their reading of J.R.R. Tolkien's *The Hobbit*. Students have since compiled reviews of Tolkien's novel, complete with a star rating!



Illustration: Nok Apergit

Cooper Stevens-Ross

"The Hobbit" written by J.R.R. Tolkien is a novel featuring a Hobbit by the name of Bilbo Baggins, going on an expedition to reclaim a lost home and lost treasure.

This novel is set in what the inhabitants call "Middle Earth". Three main characters are in this novel, listed here in order of their importance. Bilbo Baggins, the main protagonist, is a hobbit whose traits would be described as intelligent, cautious and also kind. Gandalf the Grey, the guide of the expedition, is a human but known as a wizard. He is particularly intelligent, secretive and powerful. Thorin Oakenshield is the King of the Mountain. He is a Dwarf, and his traits include greed, bravery, anger and curiosity.

Morals to the story would include 'never judge a book by its cover', 'greed changes you' and 'wisdom is not to be toyed with'.

I enjoyed a lot about this novel. For example, I enjoyed the mythical creatures such as hobbits and goblins. I also enjoyed reading about all the events that took place as the story progressed. The only thing I disliked was the way the theme of power was handled.

The age group should be people over the age of eleven. I strongly recommend it to others as it teaches valuable life skills and it can increase your vocabulary.

4 STARS ****

Foreword

By 7 Adelaide student, Thomas Giles, and 7 Adelaide English teacher, Mr Elakis.



Illustration: Emily Frankis

Thomas Giles

Pigeons were, to the people of the past, the best means of carrying the world's light-weight cargo across many kilometres efficiently, quickly and cost-effectively. Carrier pigeons were famously used during WWI to transport important information from officers to the front lines, often navigating through gunfire, explosions and other terrors of war, using their excellent wayfinding abilities. The birds that we associate with the streets of our cities once played a very important role.

We believe Carrier Pigeon to be an interesting and meaningful name that suits our magazine's purpose. In this edition, we have carried on our messages about experiences dealing with the difficulties of school closures, social distancing and other unique circumstances experienced this year. Like a carrier pigeon, our magazine distributes information through words, showcasing the power of written expression.

Untitled

Alexander Sihaloho

Uncertainty strikes.
It's like someone kicked me out of the car and took the wheel.
I lay on my bedroom floor with only my thoughts to keep me company.

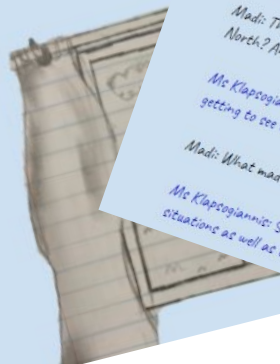
The silence on the street is more deafening than the hustle and bustle from before.
Walking down the street is just a reminder of the changes.

The only way to see my friends is online.
They say it's getting better.

I hear a gust of wind outside my window,
And the pitter of rain.

As the days pass,
I go outside more.

I go back to school,
but most importantly,
I find myself again.



Interviews

As year 7 students acclimatise to high school, Kingsgrove North High School teachers invariably provide support and nurture. 7 Adelaide has conducted interviews with a number of teachers who offer guidance and a fun fact or two.

Madison Fadel and Ms Klapsogiannis

Madi: Thanks for agreeing to chat with me today, Miss. My first question is 'how long have you been teaching at Kingsgrove North?' And what is one of your teaching highlights as a science teacher?

Ms Klapsogiannis: It's coming up to roughly two and a half years now. Getting to do experiments in general is a lot of fun. Also getting to see how creative students can be when they put their mind to it is definitely a highlight.

Madi: What made you want to become a science teacher?

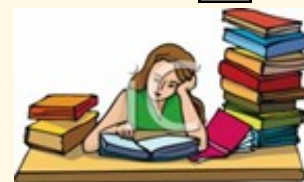
Ms Klapsogiannis: Science has always been my favourite subject. It's just something that you can apply to real world situations as well as being super fun. I also love it when my students have that lightbulb moment. It makes you so happy.



Illustration: Zahid Shaub

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MATHS NEWS



The maths faculty would like to wish all of our Year 12 students 'Good Luck' for their upcoming Higher School Certificate examinations, not only in Mathematics but in all their subjects. We know how much they have been applying themselves and using the resources that their teachers have provided for the classes to enable them to become familiar with the language and required setting out of solutions for the examiners.

Year 11 will be sitting for their Final Exams in Weeks 9-10 and some of them will be faced with major decisions about whether they should continue with their level of study if their results are less than they expected. Students should attempt the level at which they will have success, not what they think will give them a greater ATAR, as this is more often not the case.

Years 7-10 have Yearly Examinations to look forward to, starting as soon as week 3 next term. They will all be examined on the whole year's work and should spend some time over the term break summarising and going over their work. Whilst last minute efforts are of some benefit it is the long and sustained efforts that are usually rewarded.

In the Maths staffroom at the moment we have three student teachers practicing to become fully fledged Mathematicians. Mr Geha, Mr Platts and Miss Magiros have been working hard and the students of KNHS have accepted them as a part of our school. They have brought fresh ways of looking at Maths and we look forward to seeing them develop as teachers. We also welcome Miss Wang who is replacing Ms Selwains this term.



Helen Sarlas– Head Teacher Maths

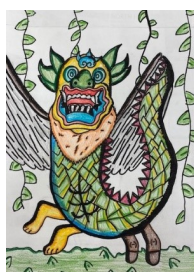
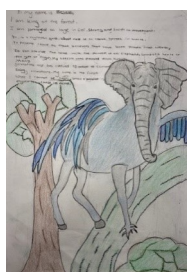
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CAPA NEWS

Term 3 has been a successful term of learning for our students in the CAPA mandatory and elective classes. The CAPA digital media studio was upgraded recently providing our students with the ability to create photographs and videos in a professional environment. The studio has a permanent green screen space, as well as studio backdrops, lighting and industry current photographic resources.



The PDM elective students are enjoying the ability to transform themselves into different environments. Last term year 7 Visual Arts students finalised their semester 2 Portraiture topic by creating Picasso inspired cardboard portraits, with some wonderful results! They have now commenced their new learning theme of 'Fantastic Animals', where students have been exploring mythical creatures with a focus on literacy.



Year 8 Visual Arts students have begun their Australian Stories topic. This semester they will be completing their ceramic scape tiles. Year 8 Music have been learning to compose music using the composition website Soundtrap. All students in both Music and Visual Arts stage 4 courses, should have received their yearly assessments. These assessments are to be completed at home and support their learning in the classroom. They will be due to their class teacher in week 9 of this term.

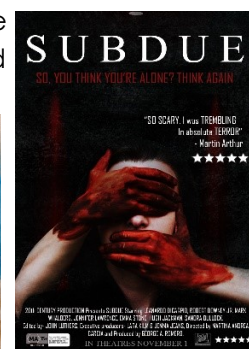


In year 9 PDM, students are exploring the subject matter of 'still life' through their photographic digital practice. While year 9 Visual Art students have been learning about abstract art, working in both digital and tradition art-making practices. In Music, year 9 students have been investigating the theme of musical theatre. All students have been given home assessments to complete that further support the learning of their course topics, these assessments will be due this term. In Year 10 PDM, students have been learning about the genre of Horror in film exploring the promotional practice of film poster and are now working on a short horror film. Year 10 Visual Arts have just finalised their Beach portfolios in the



topic of Australian Beach Culture and students are now focusing on their literacy and essay writing skills. Wishing both the year 12 Visual Art and Music students the best of luck as they complete their practical component of the HSC course. A big thank you to the staff in CAPA for their continuous work and support in ensuring our students have wonderful creative opportunity's in the Arts.

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Sarah Noulas - Head Teacher CAPA

SPORTS NEWS

KNHS Volleyball Training

*Well-being in Volleyball Players: Contributions to **Responsibility, Respect and Safety.***



Earlier this year, I noticed that some students at our school were becoming very keen lunch-time volleyball players. This inspired me to organise Wednesday training sessions at 8 am for those interested in the sport. My aim was for students to either learn to play, or to use the sessions to improve upon their skills. More importantly, I believed students could use these sessions to improve their overall wellbeing.

Volleyball training allows students to demonstrate Responsibility by making a commitment to come to school early in the morning to train. Students also increase their Responsibility by supporting themselves and others, gaining confidence and practicing teamwork.

Respect in training is shown by the students, applying the principles of sportsmanship with others, and self-respect as an individual. Students learn the rules of the game, learn discipline, and evaluate the importance of effective communication.

As in any physical activity, students have to consider the importance of Safety before, during and after training. This means that they become aware of potential hazards and risks in order to prevent injury.

I am proud to oversee and encourage students to form a sports team as a way to maintain and improve their own wellbeing by building healthy habits and encouraging a positive mindset.

Mr. Calderon

The Way North

PE NEWS

On Thursday the 6th of August our Year 11 PDHPE and SLR classes participated in the professionally recognised First Aid Course run by Surf Life Saving New South Wales. This course has complemented their First Aid theory component in the senior courses as well as providing them with a formal first aid qualification. The course was comprised of three components which included a theory course booklet, practical exam and a theory exam. The students learnt vital skills in CPR, management of Asthma and Anaphylaxis and methods of bandaging.



Ms Saad

HISTORY NEWS

Premier's Anzac Memorial Scholarship

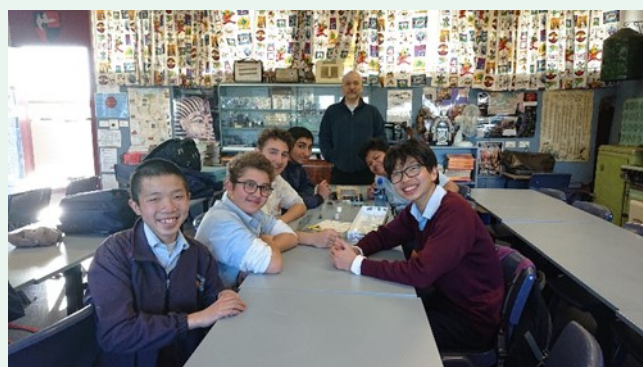
Congratulations Edison L.

KNHS is very fortunate to have a student who has won the Premier's Anzac Memorial scholarship for his presentation, diorama and interview by the Office of Veteran Affairs. Edison L of year 10 was the proud winner of a scholarship to Gallipoli and Greece. Unfortunately, due to Covid, he has had to delay his award until circumstances improve next year. Edison was able to complete an interesting diorama of changing war time technology involving the evolution of fighter aircraft due to his membership in the Model Making club run on Thursday afternoons with the help of Mr Macintosh.



Model Making Club

Our Model Making Club has been up and running from when students returned from Covid imposed restrictions in week 3 last term. The boys are engaged in a number of diorama making projects and enjoys learning all the skills required for fine workmanship.



The Way North

Congratulations to KNHS Winners of META Esports NSW/ACT

Congratulations to our Kingsgrove North High School's winners of the META High School Esports NSW/ACT League of Legends competition final. This year they made it to Regionals and won the whole competition for NSW/ACT!!

The Meta High Schools Esports League of Legends challenge is an interschool online fantasy game that is aimed at improving literacy, creativity, positive communication, empathy and mental wellbeing in young people.

Our winning team "The Panda Republic" was made up of 5 senior students -

James G, George P, Bryce Z, Andree Z, Tony Y

KNHS became regional winners having knocked out Knox Grammar in the Semi-Finals and Canberra College in the Finals.

Our winning team will be playing the winners of each state in the National Championships at the end of August 2020!!

Congratulations!



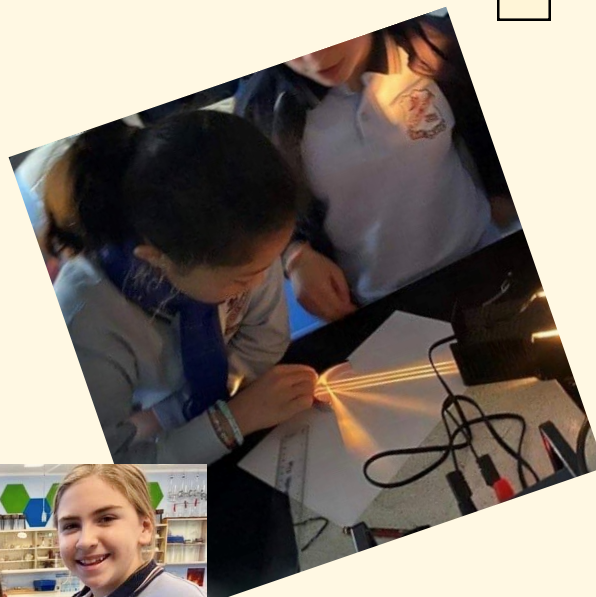
League of Legends winners on KNHS General Assembly winning Principal's Awards 29th July 2020



Linda Chegwidden – Head Teacher History

The Way North

PRIMARY SCHOOL STEM VISITS



It has been a pleasure resuming our Primary STEM school visits this term. Bexley North Primary School has participated in undertaking the principal of light, sound and geometry. Students have been able to engage in high school experiments, make a harmonica, use Tinkercad software in preparation for a 3D Hologram model that they will be taking home after the five-week process. What a blast! Well done Bexley North Public and a big thanks to Ms Varvaressos, Mr Celenk and Mr Moore for such enthusiasm.

Athena Varvaressos

The Way North

Science News

This term, Year 11 Investigating Science has undertaken a Depth Study as a part of their module "Models". The students had to create a working model to demonstrate a scientific concept that they were interested in and this process involved them researching the concept, designing and building the model, obtaining feedback from their peers and present it to a number of different students from Years 7 -11. At the end of this task, the students all felt a sense of achievement as they agreed that it was something they would never have done on their own. They are now using those skills to create their own "mini" roller coasters to observe conservation of energy.

During Week 1, Year 11 Biology visited Bicentennial Park Homebush to undertake a study of a local ecosystem. During the day, they carried out testing of abiotic factors, measured the distribution and abundance of plants and animals and observed the impact of humans on the area. Year 11 were able to complete the fieldwork required in Biology and apply the theory learnt in the classroom to a practical situation.



Ms Ellis - Head Teacher, Science

The Way North

Vocational Education & Training- Southern Sydney Business Education Network 2020 VET Excellence Awards

Southern Sydney Business Education Network (SSBEN)



VET EXCELLENCE AWARDS

Vocational Education and Training (VET) courses provide students with the knowledge and skills needed to make the most of their future. Students who study a VET qualification at school are more likely to:

- succeed studying higher level VET qualifications and gain apprenticeships or other employment when they leave school.

As a mandatory component of a VET Course, work placement ensures students spend a period as voluntary workers in a relevant workplace. Employers supervise the students as they practise and extend the specific industry skills they have learned in their VET course work. During their work placement, students work towards gaining specific industry competencies. These competencies are assessed by teachers. Students achieving competency receive an industry-specific VET qualification that is recognised throughout Australia.

Each year our local work placement service provider, SSBEN, invite schools to nominate one Year 12 student to receive a VET EXCELLENCE AWARD. The nominated students must be enrolled in a VET course with a mandatory work placement component. Teachers are asked to consider the following criteria:

- Student has consistently worked at a high level in all class activities.
- Student has completed all assessment tasks to a high standard.
- Student has always displayed a positive attitude and an interest in the VET subject.
- Student has completed their mandatory work placement component and received positive feedback from the host employer.

This year we congratulate, Nissa A for demonstrating these exceptional qualities and receiving the 2020 VET Excellence Award for study in Hospitality.



Mr. Paul Smith - Head Teacher VET

The Way North

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The Current Year 11 and the HSC 2020

Students sitting the HSC in 2020 will be the first to have their HSC linked to a minimum standard. For these students now in Year 11, the minimum standard is linked to their 2017 Year 9 NAPLAN results. Many students have already met the standard through achieving a band 8 or higher in all three areas: reading, writing and numeracy.

Those who are yet to achieve the standard will sit online tests in the area where they achieved below a band 8 in numeracy, reading or writing.

Students can sit the online tests twice a year, in Year 11 and 12 and up to five years after they start the HSC.

What is a minimum .

What is a minimum standard report?

Students can access their minimum standard test results through their Schools Online account. They can also print a minimum standard report that clearly shows the level (1-4) that they achieved in the test. Level 3 is the minimum standard.

HSC Minimum Standard Report

Minimum Standard Reading Test Report

Test3 Test of Clarence High School (NOT REAL SCHOOL) sat the Minimum Standard Reading test on 8 March 2018, and demonstrated achievement at **Level 3**

Individuals performing at this level typically comprehend everyday texts in familiar and some less familiar contexts. They recognise the distinguishing features of common types of texts. They locate, integrate and interpret information in detailed written material, charts, diagrams and tables. They identify some implied meanings and make simple inferences. They recognise common expressions, and understand that words may have different meanings in different contexts. They compare information from different sources, and use strategies to predict the meaning of unknown words. They use punctuation such as apostrophes and quotation marks as an aid to understanding.

Level 3 minimum standard definition

Individuals performing at this level typically comprehend everyday texts in familiar and some less familiar contexts. They recognise the distinguishing features of common types of texts. They locate, integrate and interpret information in detailed written material, charts, diagrams and tables. They identify some implied meanings and make simple inferences. They recognise common expressions, and understand that words may have different meanings in different contexts. They compare information from different sources, and use strategies to predict the meaning of unknown words. They use punctuation such as apostrophes and quotation marks as an aid to understanding.

- Recognise the distinguishing features of common types of texts.
- Locate, integrate and interpret information in detailed written material, charts, diagrams and tables.
- Identify some implied meanings and make simple inferences.
- Recognise common expressions, and understand that words may have different meanings in different contexts.
- Compare information from different sources, and use strategies to predict the meaning of unknown words.
- Use punctuation such as apostrophes and quotation marks as an aid to understanding.

Support for Students with Additional Needs

Some students with additional needs will be eligible for provisions for the minimum standard tests. These provisions can be approved by the principal.

This means it is a good idea to make sure the learning support team at the school is fully aware of the needs that concern you and that you have acquired documentation that confirms your child's additional needs. The earlier that the school is aware of the needs, the better prepared the school will be to determine both the timing of the test and the extra provisions that will enable your child to have equitable access to the test.

The learning support team will liaise with the principal about extra provisions for the HSC minimum standard tests.

CHANGE OF CONTACT DETAILS

In various instances families move, mobile numbers change and email addresses change. It is imperative that whilst at school we can contact you if required.

If any of your contact information has changed simply fill in your students name on this form and then you ONLY fill in what has changed and return it to the front office.

KINGSGROVE NORTH HIGH SCHOOL

Promoting Excellence in a Caring Environment

Notification of Change of Address

Complete and return form to the front office with proof of address.

Suitable documents are rates notice, rental papers, electricity, and water or phone bill.
(Note Drivers Licence on its own is not sufficient, must be accompanied with above suitable document).

Date:.....

SURNAME:..... GIVEN NAME:..... Year:.....

OLD ADDRESS:.....Postcode:.....

NEW ADDRESS:.....Postcode:.....

MAILING ADDRESS:..... Postcode:.....

HOME PHONE NO:.....

MOTHER'S MOBILE NO:.....

MOTHER'S WORK NO:.....

FATHER'S MOBILE NO:.....

FATHER'S WORK NO:.....

Year 10,11 and 12

Board Of Studies date advised:.....

The Way North

Kingsgrove North High School is proudly sponsored by the following organisations. We thank and acknowledge our sponsors for their continue support of our school.



We would also like to thank and acknowledge the following local businesses that have sponsored and supported our classroom calendar for 2020.

- | | |
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