

THE WAY NORTH

Kingsgrove North High School
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PRINCIPAL'S REPORT



As we begin another term there are a number of staff changes happening.

Deputy Principal Mr McKeown has taken a position much closer to home. On behalf of the school community I would like to thank and acknowledge him for all his hard work and contribution over the past four years. He has supported me and contributed to the upgrading of the school as well as implementing many changes in and out of the classroom. We wish him all the best at his new school. He will be missed by our students and staff.

Dr Roger Bourne has decided to retire after many years of service. He is currently working over two schools, Kingsgrove North and Balmain campus. We would like to also wish him well in his retirement.

Finally, it gives me great pleasure to announce that Ms Tara Stamenkovic who has been working in the CAPA faculty for the past three years has been appointed permanently to the school.

SCHOOL PLAN

The new school plan is now complete and on the website for public viewing.

We are now at the beginning of a new four year cycle and next year our school will go through another external validation process. These are now every four years. Our last one was back in 2018 when we were successfully validated across all areas of the school excellence framework.

The Innovation Hub is getting closer to completion, with power now connected, and as we go to print data is now being connected. Furniture is currently on order as well and we have started to purchase new resources. As part of the new resources for the hub we have purchased with the support of the P&C and also a successful grant from the M5 Community Grants scheme, a state of the art hologram which will be available for our students.

As well as the data that is being connected to the new Innovation Hub, the school is currently undergoing a major upgrade of the entire WIFI network. The works have been in progress for several weeks and should be completed by the end of the holidays. This particular upgrade is a special project that only a few schools are involved in. It is hoped that once completed our WIFI network will be much faster and the capacity will be increased overall.



PRINCIPAL'S REPORT



The oval is almost complete with the final two pergolas now on order and will be in place mid next term. We will have pergolas and seating for all students on both sides of the oval (basically a mini stadium). The PE faculty will shortly put in the posts for the two mini soccer fields next to the main soccer/football ground.

The 360 virtual tours on the website have been a big hit with over 3000 views. At the moment there are 30 different areas of the school included in the tour. The remaining 3 (Oval, Hub and Ffrench's forest) will be done early this term. Following this, we have also started producing the drone flythrough which will also be loaded onto the website as well as a 3D image of the school. The school promo video will be updated as well in Term Three and that will replace the current promo that is on the site.

Finally I wanted to thank and acknowledge Ms Bardouh who filled in for me while I was on leave for the first half of the term, Mr Kennedy who relieved as DP, and of course Ms Hiotis who was relieving Head Teacher English. They all did an excellent job in their respective roles. Special thanks to Mr Rozario who has been our third deputy for this semester and has done an outstanding job.

I look forward to Term Three, where with some luck we can proceed with our annual Showcase and the COS band concert later in the term.

Ms Stasos - Principal



DEPUTY PRINCIPAL MR MCKEOWN'S REPORT



It is with much sadness that I write my final newsletter item at Kingsgrove North High School.

The last four years have been an extraordinary journey. It has been a great privilege to working with many great staff during my time here. I have seen the school grow and change so much through the vision that Mr Stasos brings, as well as through the dedication of the entire staff at the school. I would like to thank the staff for their support of the changes and innovations I have introduced in my time as Deputy Principal.

Students at this school are lucky to have such knowledgeable and passionate teachers. I have also had the chance to meet, teach, mentor and get to know some exceptional (and sometimes colourful) students, especially the current Year 12. It has been an enriching experience to have been associated with the year group as they have grown and matured into young adults, ready for the world beyond school. I will take with me many fond memories and experiences and wish them every success in HSC and life beyond Kingsgrove North High School.

**Keep safe, and be ready for the challenges of Semester 2.
Ciao!**

Mr McKeown - Deputy Principal



DEPUTY PRINCIPAL MR ROZARIO'S REPORT



One of the many wonderful features of Kingsgrove North High School is its diversity. We are a school where the interests of our students are varied, and it is wonderful to know that we offer a range of activities for students to enjoy. From coding club to political discussion groups, debating team to environmental clubs, music groups to reading groups, and the many sporting opportunities that are provided. Each student can find an opportunity to be involved in an elective or cocurricular activity that suits their talents and interests.

Mobile Phone Use

We live in a technological era where our lives have changed and how we access the world can now be done with ease. Although this provides us with many positive opportunities, it also creates opportunities for dangers to arise. Earlier this year I discussed with the school community the dangers that can arise with mobile phone use. I would like to reinforce those concerns and remind parents/guardians that it is important to discuss and agree on mobile phone rules with your child. These might be rules about what your child can use their phone for, where and when they can use it, and how much they can spend on usage.

Uniform Blitz

I would like to thank KNHS students for complying with the school's uniform policy for the most part. Can I please emphasise though that students are only permitted to wear a plain WHITE top underneath their uniform. Please ensure no other coloured top is worn underneath the school uniform. Hoodies are not acceptable. Students who come dressed out of uniform may have their clothing confiscated by a deputy, and parents/guardians will need to collect it. If you have any questions regarding the school's uniform policy feel free to contact me at the school.

House Points

A reminder that you can score house points by getting involved in all aspects of school life including sporting teams, Premier's Reading Challenge, debating, Coding Club and many more.

Sporting Representation

Students have attained great success once again in their achievements this term. Details are highlighted in the sports report of this newsletter. Well done to all students who went on to represent our school at the zone cross country carnival as well as the many students who will be continuing to represent our school at regional level.

Thank you to all the students for your hard work and dedication towards school life here at Kingsgrove North.

DEPUTY PRINCIPAL MR ROZARIO'S REPORT



Term 2 FUN & FACTS- Breakfast

Why is breakfast the most important meal of the day?

Breakfast means 'break the fast', as the previous meal is typically eight to ten hours before waking up in the morning. Breakfast is important in re-fuelling the body with energy and nutrients, kick-starting the day. If breakfast is skipped, the result can be feeling lethargic and tired and this can lead to difficulty concentrating and behavioural difficulties in the school environment.

Why is breakfast important for children?

Breakfast provides children with energy and essential nutrients, including iron, calcium and vitamins B and C, which are necessary for growth, development and good health. Children who eat breakfast each day are much more likely to meet their daily nutritional requirements, as a good quality breakfast can provide a child with up to a third of their daily nutrient needs. Children who don't eat breakfast may not make up for the nutrients not consumed within the rest of the day's intake. Eating breakfast can also reduce the risk of becoming overweight and/or obese, as breakfast is often replaced by mid-morning snacks that tend to be high in fat, sugar and salt. Skipping breakfast can also lead to over eating throughout the rest of the day.

How can breakfast affect children while at school?

Children who have eaten breakfast can concentrate better and have a longer attention span, helping them to learn and study better. They can also perform better physically after eating breakfast as there is more energy available to their muscles. Breakfast can improve behaviour and mood, as children have better concentration and aren't tired or hungry.

Benefits of a breakfast program (for students who have not had breakfast at home).

- Provides essential nutrition for children and adolescents
- Better health and learning outcomes
- Socialisation
- Increases participation and engagement at school

<https://www.redcross.org.au/getmedia/f7b6f98a-e338-4734-ba14-40199f07945b/fact-sheet-4-2.pdf.aspx>



Mr Rozario - Deputy Principal

DEPUTY PRINCIPAL MR ROZARIO'S REPORT



Australian Government
National Health and Medical Research Council
Department of Health and Ageing

www.eatforhealth.gov.au

Australian Guide to Healthy Eating

Enjoy a wide variety of nutritious foods from these five food groups every day.
Drink plenty of water.

Grain (cereal) foods, mostly wholegrain and/or high cereal fibre varieties



Vegetables and legumes/beans



Lean meats and poultry, fish, eggs, tofu, nuts and seeds and legumes/beans



Milk, yoghurt, cheese and/or alternatives, mostly reduced fat



Fruit

Use small amounts



Only sometimes and in small amounts





DEPUTY PRINCIPAL Ms BARDOUH'S REPORT

Term 2 was very busy with assessment, reporting and various whole school events where students showcased their talent.

We will miss you! - It is with great sadness that I share Mr McKeown is leaving our school for new beginnings at the start of Term Three. Mr McKeown had made significant contributions to KNHS in the time he has been at the school and I wish him every success in his future endeavours. He is a passionate educator, leader and above all a great colleague who I will miss dearly.

Year 11 Camp - The three day Life Ready Year 11 camp was an enjoyable experience for the 102 students who attended. Students had the opportunity to experience things for the first time including the Leap of Faith, archery, seaways and much more. Various themes from the Life Ready program were discussed and workshopped with the students. A big congratulations to the following staff for attending and getting involved in the activities: Mr D'Addona, Mr Kuang, Ms Zoabi, Ms Ma and Mr Poulos. Events like this would not be possible without the ongoing support of the staff.



Year 11 - Year 11 students are now two thirds of their way into senior school life and should understand the expectations that go along with being a senior student. I strongly recommend that students develop a visible timetable to support managing their study time at home. This will support them to feel more confident and up for the challenge of completing assessment tasks concurrently. It is essential that students develop a homework and study routine at home to support them in ahead of their preliminary exams.

School Reports

Students have all received their half yearly reports and these should be used as an opportunity to not only reflect on what has been done well, but also on what can be done to make improvements moving forward.

Having meaningful conversations with your children regarding their strengths and weaknesses in various subjects will support improvement in the long term.

Ms Bardouh - Deputy Principal



ADMINISTRATION



HSC Trials:

As we head into Term Three, Year 12 students are preparing for their HSC Trial exams. The 2021 HSC Trial examination period starts on Monday, 9th of August and will end on Friday, 20th of August. The timetable has now been distributed to all Year 12 students and spare copies are available from the Head Teacher Administration office if needed. It is important that students speak with their classroom teacher or Head Teacher of the faculty if they have any specific questions regarding exam requirements for their individual subjects.

I am also pleased to announce that Ms Rhonda Jenkins (our HSC presiding officer) and her team will once again be supervising our Year 12 students during this assessment period.

Year 12 students are encouraged to be ready at the examination venue a minimum of twenty minutes before each exam and are expected to be in full school uniform.

Pre-Service Teachers:

KNHS will be hosting a number of pre-service teachers in Term Three. These student teachers will be mentored by experienced staff in various faculties at our school, preparing them for possible future employment in NSW schools. We will also continue to support numerous universities in placing pre-service teachers throughout Term Four.

Attendance:

I would like to inform parents and students that as of this term, I am responsible for monitoring student attendance. I will be working closely with the Home School Liaison Officer and the Year Advisors to ensure that all students attend school every day.

As all parents are aware, education is important and regular attendance at school is essential for children to achieve their educational best and increase their career and life options.

NSW public schools work in partnership with parents to encourage and support regular school attendance of children. When children attend school every day, learning becomes easier and they build and maintain friendships with other children.

We look forward to seeing all students back at school once COVID restrictions are eased.

Ms Tsiotsioras - Head Teacher Administration



Year 12 Trials 2021

Date	Day	Subject	Venue	Time	Reading	Start	Finish
Week A Monday 9th of August	AM	Advanced English Paper 1	Hall	1 1/2 hrs	10mins	9am	10.40am
		EAL/D Paper 1	Hall	1 1/2 hrs	10mins	9am	10.40am
		Standard English paper 1	Hall	1 1/2hrs	10mins	9am	10.40am
		English Studies (Atar)	Hall	2 1/2 hrs	10mins	9am	11.40am
	PM						
Tuesday 10th of August	AM	Advanced English Paper 2	Hall	2hrs	5mins	9am	11.05am
		Standard English Paper 2	Hall	2hrs	5mins	9am	11.05am
		EAL/D Paper 2	Library	1hr	5mins	10.55am	12.00pm
	PM	EAL/D listening	Library	30mins	none	12.10pm	12.40pm
Wednesday 11th of August	AM	Physics	Hall	3hrs	5mins	9am	12.05pm
		IPT	Hall	3hrs	5mins	9am	12.05pm
		Society and Culture	Hall	2hrs	5mins	9am	11.05am
		Visual Arts Written	Hall	1hr 30mins	5mins	9am	10.35am
		PM	Ancient History	Hall	3hrs	5mins	1pm
		Chinese Extension	Hall	1hr 50mins	10mins	1pm	3pm
Thursday 12th of August	AM	Biology	Hall	3hrs	5mins	9am	12.05pm
	PM						
Friday 13th of August	AM	Advanced Mathematics	Hall	3hrs	10mins	9am	12.10pm
		Mathematics Extension 2	Hall	3hrs	10mins	9am	12.10pm
		Mathematics Standard 1	Hall	2hrs	10mins	9am	11.10am
		Mathematics Standard 2	Hall	2 1/2hrs	10mins	9am	11.40am
	PM						
Date	Day	Subject	Venue	Time	Reading	Start	Finish
Week B Monday 16th August	AM	Modern History	Hall	3hrs	5mins	9am	12.05pm
		Legal Studies	Hall	3hrs	5mins	9am	12.05pm
		VET Retail	Hall	2hrs	5mins	9am	11.05am
		Chinese and Literature	Library	2hrs 50mins	10mins	9am	12.00pm
	PM	Chinese Beginners	Library	2hrs 30mins	10mins	1pm	3.40pm
Tuesday 17th of August	AM	CAFS	Hall	3hrs	5mins	9am	12.05pm
		Investigating Science	Hall	3hrs	5mins	9am	12.05pm
		Industrial Technology Timber & Furnishings	Hall	1hr 30mins	5mins	9am	10.35am
	PM						
Wednesday 18th of August	AM	Buisness Studies	Hall	3hrs	5mins	9am	12.05pm
		Chinese Continuers	Library	2hrs 50mins	10mins	9am	12.00pm
		PM	Personal Development/Health/Physical Education	Hall	3hrs	5mins	1pm
Thursday 19th of August	AM	Music	Library	1hr	5mins	9am	10.05am
		Chemistry	Hall	3hrs	5mins	9am	12.05pm
		Food Technology	Hall	3hrs	5mins	9am	12.05pm
		Economics	Hall	3hrs	5mins	9am	12.05pm
		Engineering studies	Hall	3hrs	5mins	9am	12.05pm
	VET Hospitality	Hall	2hrs	5mins	9am	11.05am	
	PM	Chinese speaking (All levels)	Library	3hrs		12.30pm	3.30pm
Friday 20th of August	AM	Maths Extension 1	Library	2hrs	10mins	9am	11.10am
	PM						



CHINESE LANGUAGE EXCURSION

CHINESE LANGUAGE EXCURSION

The excursion was designed for students to better understand traditional Chinese culture.

A Chinese language excursion was held on Friday 11th June. Year 8, Year 9 and Year 10 students from Ms Baker and Mr Dai's Chinese classes, and some students from Ms Tsioticsoras' Greek class also joined the excursion. Thanks to Ms Baker, Ms Fan for organising the excursion, and to Ms Conidaris and Ms Ma who attended and supported the excursion.

The excursion was designed for students to better understand traditional Chinese culture. Students understood the history and knowledge of the Chinese architectural arch "Paifang" and copied down the memorial board in Chinese characters. Students also learned translation style by observing the bilingual street signs in the Chinatown area. Because of the weather on the morning, not many people were on the streets, and many stores were closed due to the current COVID situation.

During the excursion, students also sampled Chinese food including sweet and sour chicken, porridge, Begonia tofu, Youtiao, Yangchow fried rice and spring rolls. Many of the dishes were studied in Chinese class previously in the Chinese New Year chapter.



Chinese cuisine is one important constituent part of Chinese culture. Besides the taste and appearance, Chinese traditional dishes are also famous for colour, aroma and associated meanings as well. Students enjoyed immersing themselves in Chinese culture.



Ms Conidaris - Head Teacher Welfare

WELFARE & LIBRARY NEWS



Welfare Report

Year 8 Leadership Program

On Thursday 3rd June, Year 8 students participated in workshops run by Taha Marabani and Janah Rima from Lighthouse Community Support with Gandhi and Sina from Campsie Police Area Command.

Topics covered included

1. Healthy Friendships
2. Bullying
3. Empathy
4. Displaying appropriate behaviour
5. Being true to oneself.



Year 8 participated with enthusiasm and respect. Thank you to our Student Support Officer Najah for organising the day and ensuring the program run smoothly.

Multicultural Day

Multicultural day will be held on Thursday the 19th of August. There will be food stalls, a costume parade, cultural dance and workshops. Details will come soon!

Optometrist Visit

The school is pleased to announce that it will be running a welfare initiative called the Student Eyecare Program in Term Three. Due to COVID-19, the Student Eyecare Program had to be rescheduled from last year to this year. If you had previously signed your child up to the program, please sign up again as it has been more than a year since permission was given. Spare notes are available at the office or in the library.

An optometrist will be onsite during school hours to provide students with a *free comprehensive eye examination* that is covered through *Medicare Australia*. *One in six* students have eye conditions that go undetected. This is due to the high level of visual demand on their eyes from books, laptops, tablets and smartphones. Every student will receive a full report about their eye health and a prescription will be provided if glasses are required. The prescription can be taken to any optical store to get the glasses made. Don't miss out on this wonderful opportunity.

Year 10 Vaccinations

Year 10 will receive their Meningococcal ACWY vaccine on the 12th of August. Meningococcal disease is a very serious infection that can cause severe scarring, loss of limbs, brain damage and death. It is caused by strains of the bacterium called *Neisseria Meningitidis* and transmitted through close and prolonged contact with mucus from an infected person.

Could Year 10 students please return completed vaccination forms as soon as possible. Spare forms are available in the school office or Library.

WELFARE & LIBRARY NEWS



Library Report

The current lock-down means its an ideal time to read. The cool weather lends itself to lazy evenings snuggling up with a book!

Click & Collect Library Books

Students are able access the library catalogue on their student portals. They can select books to read or books to help with their assignments. There is also the opportunity to search for selected websites. Students are able to order books through their portal, and these books will be made available for collection at the office.

Premier's Reading Challenge

PRC books can also be ordered via our click & collect service. Year 7 may read books from the 5-6 lists as well as the 7-9 lists.

Some PRC Statistics

- Average number of books read by Year 7 – 4.15
- Number of students who have completed the challenge – 4
- Number of books read by all students – 656

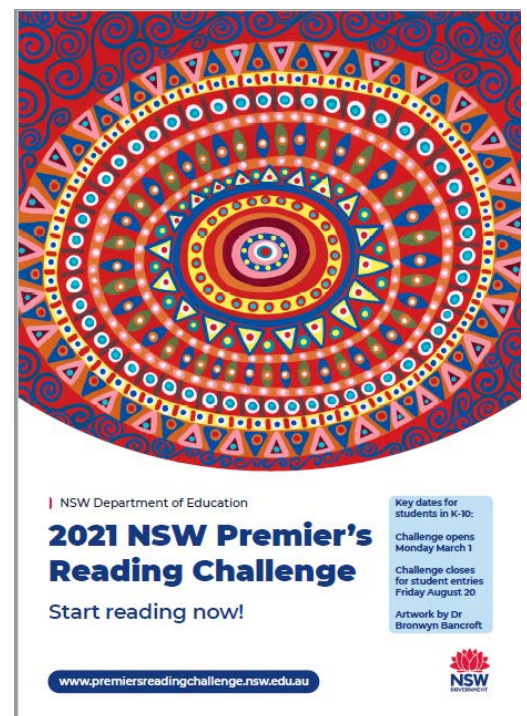
Here is a lego representation of books read by each class.



Library Catalogue

Students are able access the library catalogue on their student portals. They can select books to read or books to help with their assignments. There is also the opportunity to search for selected websites.

Ms Conidaris – Head Teacher Welfare



LEARNING AND SUPPORT NEWS



FREE Tutoring Available for Students at Kingsgrove North High School

Students can self-refer through the QR code and have been actively doing so since the tutoring program was introduced earlier this year. Since its inception we have seen a positive increase in students wanting to take part. At the end of Term Two, 28% of the Year 7 cohort at KNHS had signed up to have tutoring during or after school. 19% of Year 8 students are receiving tutoring during class time and Years 9 and 10 indicate slightly lower participation rates of 9 and 10%. Through strong word-of-mouth we have seen an encouraging number of self referrals in Years 11 (23%) and Year 12 (14%) sign up for tutoring to maximise their literacy and numeracy across all subjects in preparation for the HSC.

The different learning approaches undertaken by tutoring staff are further engaging students in their classes. Harnessing focus at school and taking ownership of knowledge and understanding is critical for these year groups and the tutoring program provides an invaluable opportunity for students to develop their skills in these areas. It has been a pleasure to see students consider their schooling future, and how solid work ethic will greatly benefit them in school and in their future endeavours.

If your child would like to attend these tutoring sessions they need to register using this QR code.

Ms Grackoska (Head Teacher of Learning Support) will be organising these sessions. Students are welcome to register with her as well.



Whilst there has been a strong interest, we would love to see more students especially in Year 9 and Year 10 take initiative and sign up for the tutoring program. Please keep the referrals coming.

Ms Grackoska - Head Teacher Learning and Support



SCIENCE NEWS



Year 10 Science Blog

As part of the assessment schedule for all year groups, the Science department has introduced model making activities as part of student learning. This semester, the two classes completing the physics component of the course were asked to make a roller coaster. As models slow students' thinking down and encourage them to think deeply and imaginatively about scientific ideas, students were asked to create a roller coaster model to help make their thinking visible.

A scientific model is a physical and/or mathematical and/or conceptual representation of a system of ideas, events or processes. The models scientists create need to be consistent with our observations, inferences and current explanations.



Students often think of models as useful because they are copies (or even scale reproductions) of actual objects or actions. In such cases, students rarely look beyond the surface similarities between the model and the object or idea being represented by the model. Research: Gilbert, Boulter & Rutherford (1998).

The Year 10 students were able to recognise that 'models' can also be used to test ideas and processes in ways that may be impossible to do in the real world. Using the scientific skills learnt in the classroom, students were able to collaborate, problem solve and use creative and critical thinking strategies to complete some amazing roller coasters.

Ms Varvaressos – Science Teacher

PDHPE NEWS



Life Ready Camp

From the 7th to the 9th of June, the Year 11 cohort was taken to The Tops Conference Centre in Helensburgh, NSW for their Life Ready Camp. Over three days our Year 11 students took part in adventure based activities such as the Giant Swing, Segway Adventures, The Leap of Faith, Archery, the Vertical Cluster, and Team Based Initiative Activities. They also took part in the Stage 6 Life Ready course which teaches the skills of resilience, reflection, risk management and problem solving. All students and staff had a great time taking part in all activities whilst enjoying the natural scenery of the surrounding bushland.



GWS Giants Program

On Monday the 21st June, all of Years 7 and 8 took part in a Mental Health, Nutrition and Stand Tall resilience building program run by the GWS Giants AFL Club. This program was thoroughly enjoyed by all students who took part and provided them with valuable health literacy skills for lifelong good health.

We were lucky to have some highly accomplished individuals as presenters of this program including Gavin Robertson and John Quinn.

Gavin currently hosts 'Talkin Sport' on 2SM. He is also a regular panelist of Fox Sports TV. Though Gavin is best known as a former Australian cricketer. Gavin talks about his experiences through cricket, family work and illness. He tells of a life of resilience and success.

John Quinn's career in sports science has spanned more than 30 years. He has worked with many of Australia's leading athletes and coaches across sports as diverse as track and field, swimming, AFL, rugby league, tennis, cricket, bobsleigh and soccer. His achievements include:

- Sprints and relay coach for the Australian track and field team at the 2000 Sydney Olympic Games
- Head fitness coach and High Performance Manager for Essendon Football Club (AFL)
- Australian fitness coach for two International Rules Series – Australia and Ireland (AFL)
- High Performance Manager of Greater Western Sydney Giants Football Club (AFL)
- Head Conditioner with the Socceroos National Team
- High Performance Coach for AFL All Stars Team
- Strength and Conditioning coach in the Indian Cricket League
- Academy Director – GWS Giants Football Club (AFL)
- Director QESS – Exercise Physiology Services (Sydney & Melbourne)



Mr D'Addona - Relieving Head Teacher PDHPE

SPORT NEWS



Grade Sport:

Our teams in grade sport have shown some great sporting talent over the term. Students are encouraged to keep their fitness up and practice their skills where they can during the current lockdown.

Integrated Sport:

On Wednesday the 16th June, Year 7 and Year 8 had their semi-finals for integrated sport. For most teams it was a close call to who would make it to the grand finals. Unfortunately, the grand finals were cancelled due to the grounds being closed. The winning house colour for Term Two is.... THE YELLOW HOUSE! BIG CONGRATS!

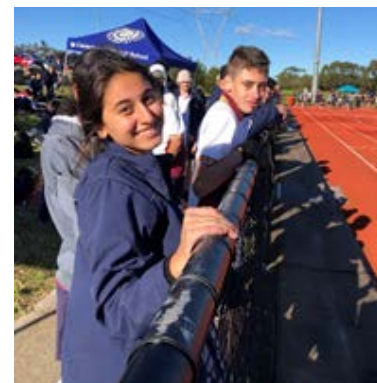
Throughout the term during sport, students have been participating in the Premier's Sporting Challenge to keep track of their 'active minutes'. According to the Department of Health, people aged between five to seventeen should be completing a minimum of sixty minutes of moderate to intense exercise per day. As a way to monitor their exercise patterns teachers have been logging the number of 'active minutes' for each student and based on the data our students are achieving a minimum of 200 minutes (if not more) per week, and that's just on a Wednesday! This is great news and shows that our students are quite active overall and are most definitely adhering to departmental physical activity guidelines. A big well done to our students!

Zone Athletics Carnival:

On Thursday 18th June, we had sixty seven students represent Kingsgrove North at the St George Zone athletics carnival at Barden Ridge athletics track, and it was a great success and an amazing experience watching some of the fantastic talent KNHS has in our school!

Out of seventeen schools, we came 6th overall! Aurora D and Adam H were the runner up age champions for their age group.

We had a number of students make it in the top 4 for their events and many qualifying for the regional carnival, where they will go and represent the St George zone next term.



SPORT NEWS



Thanks to Mr. Vitale for coming and being on Long Jump and Triple Jump duty all day.



Students going to regional athletics to represent the St George zone:

Elham R, Guil C, Adam H, Angelina K, Anasasia K, Aurora D, Cherish N, James K, Jesse J, Bayley G, Hussein A, Youness K, Conor D, Charlotte T, Jonasa B, Edward T, Greig R, Savelio B and Richard P

KNHS Relays results:

- 3rd in the Boys 15's (Ali F, Zac S, David H, Mohammad A)
- 4th in the 17-19's (Mohammad A and Adam H ran up), Tyson and Bayley
- 4th in the 13's (Kayla, Fiona, Anastasia and Lainey)
- 3rd in the 14's (Aurora, Angelina, Leena P and Cherish)

All students who came were absolutely amazing in every way- athletic ability and behaviour. KNHS had the best support and cheer squad there!

Ms Woods - PDHPE Teacher



YEAR 7 REPORT



Year 7 have had another busy and eventful term! Congratulations to all students who have participated in the cross country carnival, athletics carnival, and those who have made it to zone. Congratulations to all the students who have been involved in school events.

Semester One reports have now been sent home. I hope all students are pleased with their efforts and achievements during this semester and I encourage them to strive for improvement and great success in the second half of their Year 7 school year.

A reminder that all students need to be mindful of their behaviour and approach to their peers, teachers and whole KNHS community. We want to make sure we are creating a happy and safe environment for everyone and we are not partaking in any forms of bullying or negative behaviour. I would also like to mention mobile phone usage - parents and carers please be mindful that no phones should be used during class time. If students are experiencing difficulties with peers, teachers or a specific class, they are encouraged to speak to the many people around the school who can assist e.g. their classroom teacher, faculty head teacher, school counsellors and year advisors. If parents and carers have any concerns they can call the front office and the staff will be happy to assist.

I would also like to encourage all Year 7 students to think about participating in leadership roles within the KNHS community. As Term Three approaches, students will be given the opportunity to be involved in SRC, the Girl's Association, Environmental Club, the Creative Writing Club and the North Star Collective. I would love to see our Year 7 cohort representing the school as much as possible!

I look forward to seeing all Year 7 students online learning at the beginning of Term Three with a positive approach to their Semester Two learning.

I would also like to suggest that any students struggling or requiring extra support with their learning apply to take part in the COVID Tutoring program – Please contact Ms Grackoska for details.

Ms Karpathakis – Year 7 Advisor



YEAR 9 REPORT

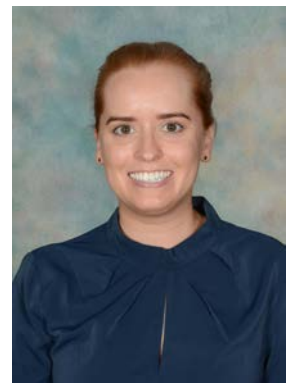


This term our Year 9 students have been involved in a range of activities, including the cross country carnival and the recent athletics carnival, with a large handful heading on to represent our zone! In addition, some Year 9 students nominated themselves for the zone swimming carnival and competed with exceptional effort!

Off the sports field, a number of Year 9 students participated in the WiseUp Program to develop their life skills and prepare them for the future.

SRC and Peer Support students participated in the Young Leaders Day at Darling Harbour. Meanwhile, our Child Studies class read stories with students from across the country for National Simultaneous Storytime 2021 at McCallums Hill Public School.

After a busy term, it's great to see so many positive reports going home. I hope Year 9 students had a well-deserved break over the school holidays and are ready to return to online learning!



Ms Miller - Year 9 Advisor (Co-written with Charlotte T and Mikayla V of Year 9)

YEAR 10 REPORT

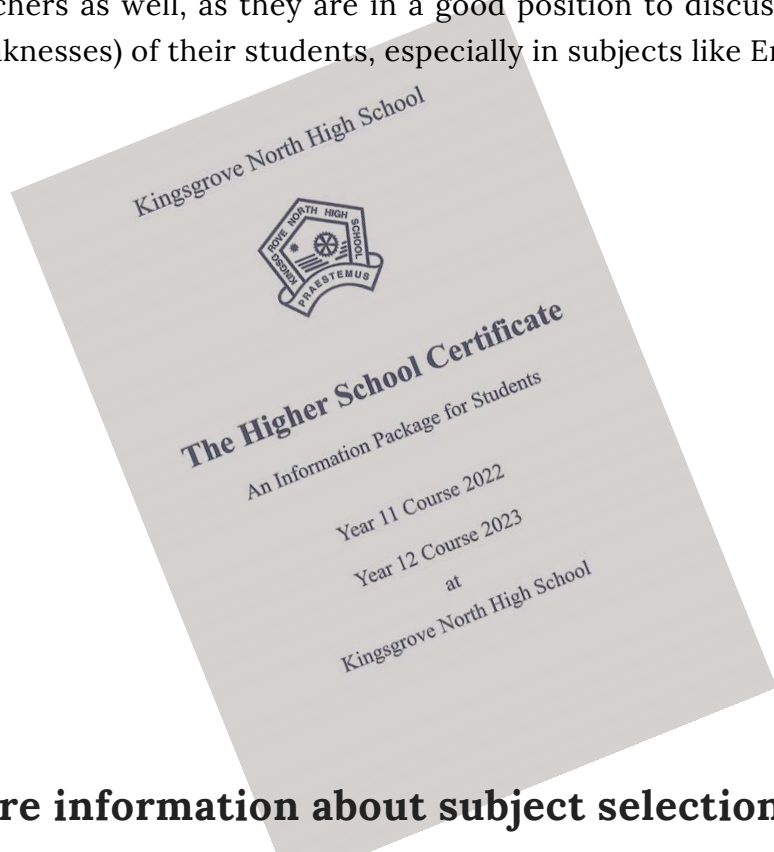


We have come to the end of another term, but it is also time for Year 10 students to make some important decisions about their future.

In Week 9 we held an information evening about subject selections for the senior years. Important consideration on such a big decision should be a family effort and I encourage you to have some frank discussions with your child about realistic expectations and career paths.

The subjects chosen will determine whether students are able to qualify for an ATAR and apply for university, or if TAFE is the better fit regarding future aspirations.

As always, I am available for advice and conversation. Encourage your children to speak to their teachers as well, as they are in a good position to discuss the courses available and the strengths (or weaknesses) of their students, especially in subjects like English and Mathematics.



More information about subject selection can be found in the booklet 'The Higher School Certificate. An Information Package for Students' which has been provided to all year 10 students.



Ms Faros - Year 10 Advisor

YEAR 11 REPORT



Bicentennial Park Excursion

On Friday 4 June, the Year 11 Biology classes went on a field trip to Bicentennial Parks Education Centre. This trip was part of their depth study on Comparative Ecosystems. The students were involved in determining relationships between biotic and abiotic factors in an inter-tidal wetland ecosystem. They used a variety of fieldwork techniques to investigate the biotic responses of mangrove and saltmarsh plant communities. It was a fun and productive day.



Year 11 Biology classes enjoyed a field trip to Bicentennial Parks Education Centre as part of their depth study on Comparative Ecosystems.

Ms Ioannou - Science Teacher



STEM NEWS



Primary School STEM Workshops

This term our STEM staff, Mr Celenk and Mr Moore had the pleasure of collaborating with Bexley North Public School and McCullums Hill Public School over a five week period to complete our Stem Fundamental Workshop which included some science activities like using the ray boxes, microscopes, and making harmonica's and xylophones with water. Students also used a computer aided program called Tinker Cad in their third week whilst identifying how using their math and science skills could lead them into making their final take home project - a hologram. WOW.

In our Coding and ICT workshops, Belmore South Public School had the pleasure of working with Mr Vu and using the school's robotic resources to fly drones, play with t he Sphero's, and completing some block coding activities.



Ms Varvaressos - Head Teacher STEM Future Focus

CAPA NEWS



As we wrap up our semester of learning in the CAPA department we are happy to see the production of many practical and theoretical tasks being finalised by our students.

Year 7 and 8 Visual Arts and Music students have completed their Semester One assessments and are on their way to finalising this semester's topic of learning. Year 7 Visual Arts have completed their Bad Hair Day art works and are resolving their Picasso inspired Mixed Media Abstract artworks. Year 7 Music students have finalised their learning of instruments of the Orchestra with a practical focus on percussion instruments. Year 8 have completed their Still Life Oil Pastel works and are completing their Margret Preston Still Life Printmaking artworks in Visual Arts and in Music they are wrapping up the topic of Rock Music as a genre with a guitar and drum practical instrumental focus.

Due to COVID we were unable to host our annual COS Showcase last year, however, we are very pleased to hold the 2021 COS Showcase on Wednesday 11th August. It is an amazing opportunity for us to promote KNHS and the Community of Schools students' talents in the areas of Visual Arts, Photography and Digital Media, Music, Dance and Drama. We are also introducing a new category within our art exhibition - we are giving all students from KNHS an opportunity to submit an artwork produced by them this year. Students who normally exhibit their work are students who study Visual Arts or PDM as a mandatory or elective subject. This is a great chance for students not involved in CAPA subjects to be involved in the COS Showcase.



CAPA NEWS



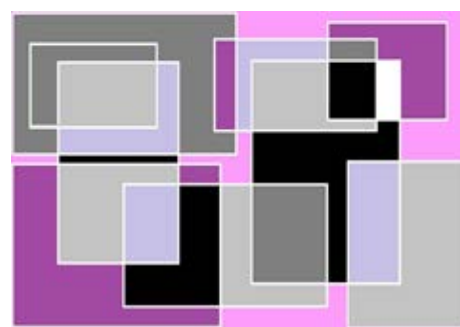
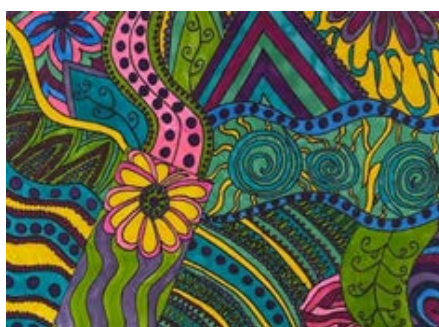
Year 9 Photography and Digital Media students have been developing their skills in Photoshop this term. They have learnt how to disguise characters using the 'Quick Select' tools, and how to duplicate and arrange layers. They also had a great time making 'Where's Wally' photographs.

Year 9 Music students are working on their Pop music compositions and performance songs.

Year 9 Visual Arts students have been learning about abstract art, working in both digital and traditional art-making practices.

Year 11 CAPA students are working towards finalising their preliminary learning in their elective classes.

Year 12 Visual Arts and Music students have been working hard to prepare for their practical HSC components, due in Term Three.



With year seven to ten academic reports and the completion of Semester One programming and learning being finalised, I would like to acknowledge the CAPA teachers for their commitment and focus on engaging students in the creative arts to flourish and achieve their personal best!

Congratulations to Ms Stamenkovic for her recent permanent appointment at KNHS in our CAPA faculty. Well done!



Ms Noulas - Head Teacher CAPA

KNHS COS SHOWCASE 2021



To all Kingsgrove North High School students and community -
We would like to formally invite you to our annual KNHS COS Showcase.

**KINGSGROVE NORTH
HIGH SCHOOL
COS SHOWCASE
2021**

**WEDNESDAY 11TH AUGUST 2021
5.30pm - 8.30pm**

**Creative Arts Exhibition
5.30 pm - 6.30 pm Senior Quad
Performing Arts Showcase
7pm - 8.30 pm Hall
BBQ & DRINKS PROVIDED
PRIZES TO BE AWARDED**

Facebook:
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KingsgroveNHS/](https://www.facebook.com/KingsgroveNHS/)
Website:
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Instagram:
kingsgrove_north.hs



We are also excited to announce a new art category in our COS Showcase Art Exhibition which allows our KNHS community the opportunity to be involved through the submission of an artwork that they have created outside of our CAPA courses. This allows our many wonderful and talented students and teachers an opportunity to showcase their artworks.

To make a submission, please complete the Google Form linked to the above QR code.

Submissions need to be completed prior to the 6th August 2021. We look forward to seeing all of your creativity! If you have any questions, please see the CAPA faculty.

MATHS NEWS



All Mathematics students have now completed their mid-year assessments. Students have received their half yearly reports and all the Mathematics staff would like to congratulate students' achievements.

We would like to keep reminding those few students who do not regularly bring their calculators to class, that it is a necessary piece of equipment if you are to maximise your marks in your assessments.

In Term Three, Year 12 will be sitting for their Trial HSC and should be organising their notes, looking over past HSC papers, revising work from Year 11 and preparing for the Trials. At the conclusion of the Trials, students will still be working on completing the syllabus requirements for their HSC and revising the content doing past papers. Students must be in class, working hard up until the end of term.

Year 10 and Year 8 are also currently in the process of selecting their subjects for Year 11 and Year 9.



Keep up the great work and keep safe.

Top Exam Tips!

- Get a good night's sleep**
It's important to get enough sleep the night before your exam. It will be easier to focus if you are well rested.
- Get organised**
Make sure you have everything you need by organising your pencil case the night before.
- Eat a meal beforehand**
Remember to eat breakfast or lunch before the exam to prevent your stomach from rumbling and distracting you.
- Arrive early**
Give yourself plenty of time to get to the venue; you don't want to be in a rush before the exam.
- Drink water**
An easy way to improve your concentration is to stay hydrated, so remember to bring a bottle of water to the exam.
- Stay calm**
If you find yourself getting nervous, take some deep breaths and feel your body relaxing before you move on to the next question.
- Read the question**
Don't rush through the exam. Make sure you read each question at least twice before writing your answer.
- Leave time at the end**
Make sure you leave time at the end of the exam to check your answers.

Ms Sarlas - Head Teacher Maths

HSIE NEWS



SmartStart Program

Year 9 and 10 Commerce students participated in workshops, as part of their study of the Economic and Business Environment, and Employment and Work Futures respectively. The presenters engaged the Year 9 classes in examining the characteristics of entrepreneurial thinking and how students can apply these insights in their own lives. Year 10 classes explored a variety of topics associated with earning money such as getting your first job, rates of pay, taxation and workplace rights and responsibilities.

Some student comments after the workshops were:

“Interesting, mind-blowing – made me realise my rights about pay.”

“It was good for people going for their first job.”

“I learnt about award rates – how much I should be getting paid.”

THREE WEEKS AFTER THE WORKSHOPS a Year 9 student said to me at the end of a lesson: “Thank you Miss for organising the talk about setting up your own business. It was really helpful and I’ve now set up my own business.”

WOW! Well done Ali.



HSIE NEWS



Model Making Club

Our group of model makers continue to meet every Thursday afternoon, after school, in KF4. The group consists of a dedicated group of students - Bruce, Aashir, Edison, Sean, Matthew, Thomas and Joseph.

Our students are currently working on a Star Wars themed diorama.

The Model Making Club continue to be guided and inspired by the talents and great wealth of knowledge of Mr Macintosh.

If you are interested in joining the Model Making Club, please see Ms Andreou in the History staffroom for a permission note.

Ms Andreou - HSIE Teacher



GENERAL ANNOUNCEMENTS



APPLY NOW! ISS are looking for School Cleaners

ISS is a leading global workplace experience and facility management company. In partnership with customers, ISS drives the engagement and well-being of people, minimises the impact on the environment, and protects and maintains property.

We are seeking value-orientated people to join our local team of 17,000 service professionals, who can help us realise our Purpose of "Connecting People and Places to Make the World Work Better".

Our team is growing and we currently seeking cleaners to join ISS. You will provide high cleaning services to Public Schools, TAFES and Government Buildings. You will be employed on a casual basis with opportunity to ongoing permanent work. Various of rosters are available; Monday to Friday early morning (5-9am) and/or afternoon (2-6pm) and Temporary Disinfecting shifts (11am-3pm).

We are seeking cleaners around:

- North Coast: Coffs Harbour, Taree, Port Macquarie, Ballina, Tweed Heads and Lismore (Driver license and a car is essential)
- South West Sydney: Bankstown, Liverpool, Campbelltown, Fairfield, Ingleburn, Auburn, Merrylands and Strathfield areas (Driver license and a car is essential)
- Sydney: Ashfield area, St George area, Sutherland Shire area, Sylvania/Cronulla area, Marrickville area, Eastern Suburbs and CBD (Public transport is acceptable)

Role responsibilities:

- Cleaning all facilities including classrooms, bathrooms, kitchens and grounds
- Disinfecting high touch points areas
- Working autonomously with little supervision & commitment to safe work practices
- Ability to obtain a Working with Children number & ability to pass a Police Check
- Must be physically fit and able to meet the demands of the job



If you are interested and meet the above criteria, please complete your online application via Scanning our QR code!

**If you have any questions or need more information please e-mail sandra.moussa@au.issworld.com
"Aboriginal and/or Torres Strait Islander people are encouraged"**

PEOPLE MAKE PLACES "Aboriginal and/or Torres Strait Islander people are encouraged to apply"



GENERAL ANNOUNCEMENTS



NEW ONLINE ENROLMENT SYSTEM

We are excited to announce we will be rolling out the new Online Enrolment System from Monday 7 June 2021

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into local schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

Further information about online enrolment can be found on our school website.

Uniform Shop Hours:

Tuesday: 11:30 - 3:30pm

Thursday: 8am - 12pm

Second-Hand Uniform Shop Hours:

Wednesday: 10:15am - 10:45am

The second-hand uniform welcomes donations of washed, unwanted uniforms. Please drop them off to the school office.



NSW Police Force

With your help, a safer community.

DRIVING OFFENCES IN SCHOOL ZONES

Disobey 'No Parking' Sign



Fine = **\$194***
& Lose 2 Points

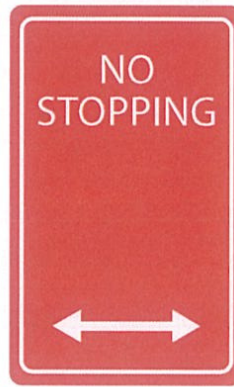
'KISS & DROP' ZONE

ONLY stop to drop off or pick up
Stay within **3 meters** of your car
Stay less than **2 minutes**



Section 168 Road Rules 2014

Disobey 'No Stopping' Sign



Fine = **\$349***
& Lose 2 Points

DO NOT STOP for ANY reason



Section 167 Road Rules 2014

Child or Passenger Not Restrained

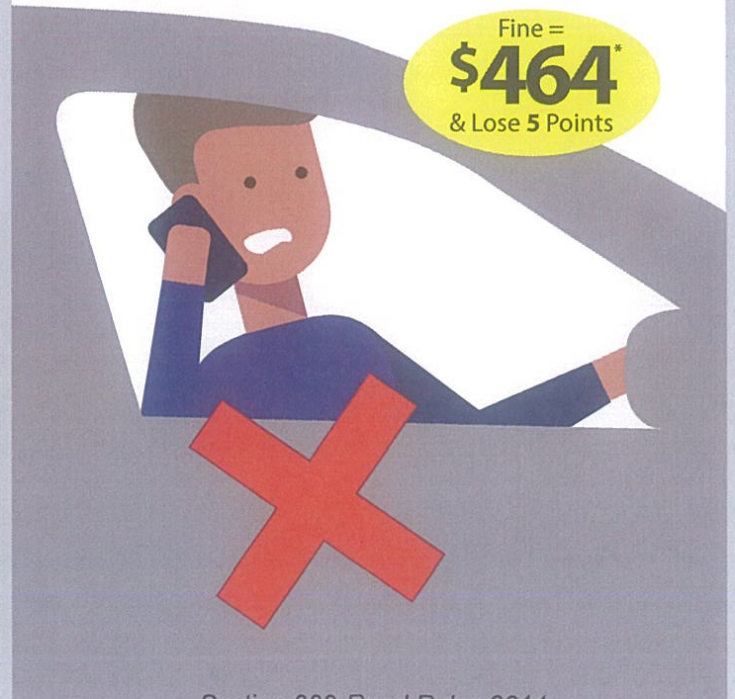
Fine = **\$349***
& Lose 3 Points



Sections 265, 266, 267 Road Rules 2014

Driver Uses Mobile Phone When Not Allowed by Law

Fine = **\$464***
& Lose 5 Points



Section 300 Road Rules 2014

WANT GREAT VALUE FROM YOUR NSW CREATIVE KIDS VOUCHER?



WE HAVE FREE CRAFT WORKSHOPS TO SUIT ALL JUNIOR CREATORS.. INCLUDES FREE DELIVERY!



Charlie Boots
Creative kits for creative kids

Scan here to see our range of free workshop kits!





SPONSORS

Kingsgrove North High School is proudly sponsored by the following organisations. We thank and acknowledge our sponsors for their continued support of our school.



We would also like to thank and acknowledge the following local businesses that have sponsored and supported our classroom calendar for 2021.

1. Sporting Dreams	www.sportingdreams.com
2. Beyond Blue	www.beyondblue.com
3. Wires	www.wires.org.au
4. Heartbreak Ridge Paintball	www.paintball.net.au
5. Jackies Floral Gallery Kingsgrove	www.jackiesfloralgallery.com.au
6. Barnardos Australia	www.barnardos.org.au
7. Blue Cross Pharmacy Kingsgrove	www.bluecrosspharmacy.com.au
8. Blue Cros Medical Centre	www.ipn.com.au/gp/bluecross
9. The Office of the Hon Linda Burney MP	www.lindaburney.com.au
10. Classroom Calendars	www.classroomcalendars.com.au